



Aquitaine

The South at its Best



- ♥️ **Grandiose**
Wide Open Spaces
- ♥️ **Intense**
Sports and Activities
- ♥️ **Impressive**
Heritage
- ♥️ **Dazzling**
Towns and Cities
- ♥️ **Sumptuous**
Wines and Gastronomy
- ♥️ **Welcoming**
Events and Festivals



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Tourisme d'Aquitaine

And a 24-page
**PRACTICAL
GUIDE**



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The "Major Sites" are exceptional examples of the natural or architectural heritage of Aquitaine. As such they benefit from Regional aid in order to renovate, enhance or promote them.

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Grandiose

The forces of water, sand and plant-life... the combat between these three elements over the last 15,000 years or so has shaped the face of the Aquitaine coast as it is today. A vast expanse of nature like no other in Europe!



Cabins on stilts - L'Île aux Oiseaux (33)

A beach 250 kilometres long

Green, white and blue. Seen from the sky, the Aquitaine coastline draws a vertical line from the mouth of the Gironde Estuary to Spain, forming a beach that is no less than 250 kilometres (150 miles) long, all in a single stretch. It is the sand deposited by the ocean currents over thousands of years that has raised this wall of dunes. Behind it, a series of lakes has formed and vegetation has flourished. Coppices of trees and green stretches of lawn draped over the rounded forms of the dunes... the ideal spot to create some exceptional courses for golfers.

Europe's largest forest

To fight against encroaching sand and drain the marshes, people undertook enormous drainage and planting work at the beginning of the 19th century. They chose a tree that was quite happy growing on sand and did not mind the heat: the maritime pine. Today, those trees form a forest of one million hectares (almost 2.5 million acres) providing a remarkable natural habitat. Through it run a large number of footpaths have been specially laid out to give visitors the opportunity to observe and discover the plant and wildlife. In the heart of the forests, the micro-climate created by the waters of the River Leyre has given birth to an astonishing canopy of giant ferns arching over the river and just waiting to be discovered by canoe.



Europe's highest dune



With an altitude of 117 metres, the Pyla Dune is the most visited "natural site" in Aquitaine. Although there is a stairway to make the climb easier, its upper reaches can seem quite tough. However, the view from the top out over the Bay of Arcachon, the ocean and the forest makes it more than worth the effort!

Arcachon Bay, an exceptional environment

An inland sea of 150 km², the Bay of Arcachon is ideal for swimming, sailing and pleasure-boating. It is also a natural habitat that is lovingly protected, the realm of the oyster and a fabulous nature reserve for birds from all over northern Europe. Three natural wonders have become the emblems of the fascinating beauty of the area: the Pyla Dune, Arguin Sandbank and the Ile aux Oiseaux with its "cabanes tchanquées" - huts built on stilts above the level of the sea...





Wide Open Spaces

A world of water



La Leyre (33)



Biscarrosse beach (40)



Socoa (64)

The largest estuary in Europe

With a surface area of 625 km², 170 km of shoreline and a width of 10 km at its mouth, the Gironde Estuary is our own Mekong. The tides come more than 100 kilometres inland.

The prestigious vineyards of Bordeaux may have conquered both banks of the estuary centuries ago, but it also has a much wilder side with its currents and islands – Ile de Patiras, Ile Bouchaud, Ile Verte, Ile du Nord and Ile Cazeau – which can be visited by boat. Lined with marshes, fed by a host of small streams known locally as esteys and dotted with fishermen's cabins on stilts with nets reaching over the water on long booms, the estuary is home to shrimp, shad, lamprey, eels and their young – the latter a famous local culinary speciality.

Lakes and waterways

All the way along the coast of Aquitaine, the barrier of dunes has given birth to a series of large lakes linked together by rivers known as courants in the area. Surrounded by vast forests of maritime pine, these stretches of water are a real paradise for families in search of safe spots for swimming, as well as for sailing or fishing enthusiasts. Going from north to south, the largest of these natural lakes are those of Carcans-Hourtin (largest lake in France), Lacanau, Sanguinet, Parentis and Soustons.

Rolling hills and vertiginous peaks

Iraty: paradise on a plateau

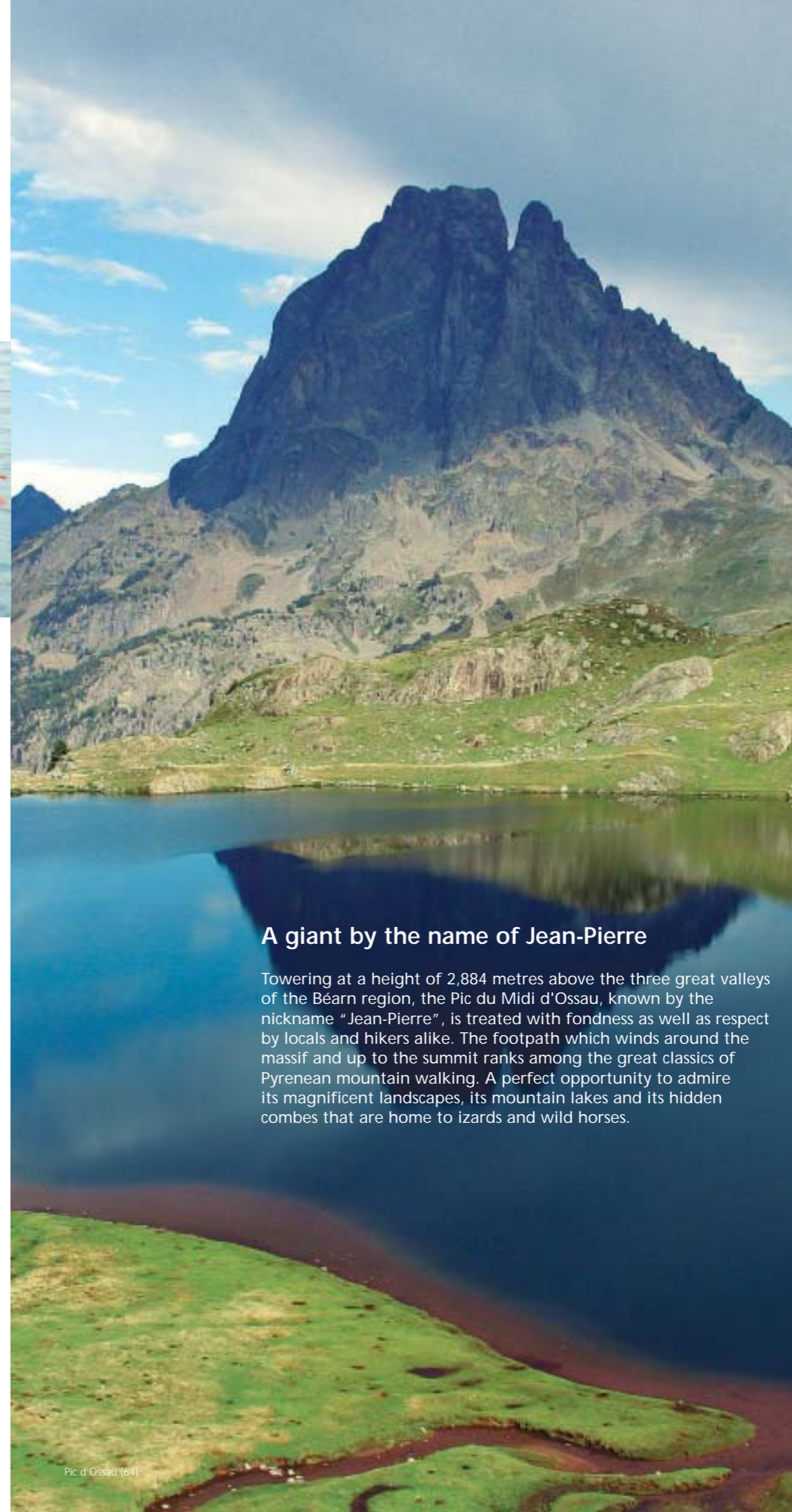
Perched between Larrau and Sainte-Engrâce, just a short distance from the Spanish border, the forest of Iraty rolls out its thousands of hectares of deciduous trees dotted with pastures and rocky ridges at altitudes of between 1,200 and 1,500 metres – a real paradise for watching migratory birds, fishing, hiking and cross-country skiing in winter. Nestled in the heart of the forests, comfortable chalets provide accommodation for rambblers in all seasons.

Along the River Leyre between Mios and the Bay of Arcachon



A perfectly magical spot! Here, the cool waters of the Leyre emerge from a tunnel of foliage into the blinding light and mingle with the water of the sea. Here, the waters of the river form a wide delta, an incredible tangle of islets, salt pastures, reed beds and canals where

horses roam, martens, otters and European mink play and a whole armada of waders, ducks, geese and all sorts of migratory birds come to feed.



Pic d'Ossau (64)

National and Regional Parks: havens of natural beauty

The Pyrenees National Park
Crystalline rock needles, a myriad of lakes, gorges, cirques, mountain pastures and wooded valleys... From the Aspe Valley to the Aure Valley, the park reveals all the multifaceted beauty of the mountains. It provides a veritable sanctuary for flora and fauna where visitors can see izard, marmots and large birds of prey.

The Landes de Gascogne Regional Park
From the moors of the Grande Lande to the Bay of Arcachon, the Park covers 41 *communes* lying along the two branches of the Leyre. It offers a wide range of footpaths, nature trails, mooring places from which you can discover the Leyre by canoe, eco-museums, hotel accommodation and gites.

The Périgord-Limousin Regional Natural Park
In the north of the Dordogne, this park offers 1,800 km² of carefully preserved spaces for those who love nature and culture. In the heart of wooded landscapes dotted with lakes and rivers, discover churches and castles, forges and mills, fêtes and crafts workshops.

A giant by the name of Jean-Pierre

Towering at a height of 2,884 metres above the three great valleys of the Béarn region, the Pic du Midi d'Ossau, known by the nickname "Jean-Pierre", is treated with fondness as well as respect by locals and hikers alike. The footpath which winds around the massif and up to the summit ranks among the great classics of Pyrenean mountain walking. A perfect opportunity to admire its magnificent landscapes, its mountain lakes and its hidden combs that are home to izard and wild horses.



Vulture Cliff

In the heart of the mountains of Aste-Béon in the Ossau Valley, Vulture Cliff is not only a nature reserve that you can discover in the company of a mountain guide, it is also the ideal spot for observing these large birds of prey. The installation of remote controlled cameras near the nests perched high on the cliff provides a unique opportunity to watch the birds feeding their young, teaching them to fly and organising their nest – all on a large screen.



Intense

Permanent snows, whitewater, forests stretching as far as the eye can see, peaceful countryside and a sea of dunes... It is the beauty and scale of the natural assets of Aquitaine that make it the most stunning setting imaginable for all sorts of sports activities!



The thrill of the waves

Surfing culture draws its inspiration from the models of Polynesia, California and Australia. But here in the region, it was quick to develop its own style, to establish its own founding heroes and create its own competitions and schools... The region's number one asset is

space, synonymous with freedom. 250 km long, the Aquitaine coastline is a surfing playground of infinite variety offering waves that are ideal for all the different disciplines, from bodyboard to longboard, the thrill of riding a tube or performing a thousand figures on the sort of beachbreaks dreams are made of. Today an integral part of the international circuit, Aquitaine happily continues to cultivate its own specific culture – one based on a shared approach to life and fashion uniting those who surf on the sea and those who surf on the snow, not forgetting skateboarding and roller-skating enthusiasts.

Get the adrenaline flowing

Aquitaine is a paradise for those in search of excitement. If sheer rock faces are what you are looking for, there are many magnificent climbing routes to be discovered between the Pic d'Anie and Pic d'Ossau in the company of experienced guides and mountaineers. If it is whitewater you thirst for, head for the Pyrenean streams with their ideal spots for rafting, canyoning and kayak. If it is a sensation of freedom you are after, then there are always hang-gliding and kite surfing for those who master wind and wave.

A flight over the ocean

Above the Pyla Dune particular air currents form, especially in summer. They are ideal for free flight and hang-gliding. From the summit of the dune, all you have to do is run a few yards and you will take off effortlessly for a magical flight above the glistening waters of the Bay. There is a school on site offering the ten or so hours of lessons you need before you head off alone to enjoy the thrill of flying from the highest dune in Europe.



Off Saint-Jean-de-Luz, a wave of international stature

Its name is Belharra. It forms when there is a heavy swell in shallows about 1 km south of the exit of the port of Saint-Jean-de-Luz – a spot that has long struck fear into the heart of sailors. It ranks among the 5 biggest waves in the

world. A wall of water 8 to 12 metres high, a wave that nobody had ever dared take on. That is, until 10 April 2002, when 6 local surfers decided to defy the monster. And they succeeded. 12 hours later, the photographs of the exploit flashed around the globe on the internet, sending a tremor through the surfing world. Belharra had entered the history books.



I love it!

"My name is Leo, I'm 7 years old and I am on holiday in Mimizan with my sister and my mum and dad. As I know how to swim now, my Dad has enrolled me for surfing lessons. I've decided to start with bodyboarding. Nicolas, our monitor, takes us out among the small waves near the edge. First, we have to learn to pass the rollers without getting overturned, and then to find the right distance to wait for the wave and take it when it breaks. Sometimes it knocks us off and we end up in the sand! It's great!"

Stretch your legs



The GR 10 – a path of legend

It leads from the beach in Hendaye to the shores of the Mediterranean via the Pyrenees: 385 km as the bird flies... but 870 km for walkers following the footpa-

th's red and white way-markings through the valleys and over the mountains... The realm of long-distance hikers, the GR 10 is a route of legend boasting a fabulous cast of prestigious cols - Aubisque, Tourmalet, Peyresourde, Aspet, Puymorens – valleys and plateaux, refuges and villages. The Atlantic section of the GR 10 comprises 17 stages over the hills of the

Basque Country, past the Pic d'Anie and the Aiguilles d'Ansabère, through the Aspe Valley and around the Pic d'Ossau, before heading on to Gourette via the Aubisque and Soulor passes.

2,000 km of cycle tracks

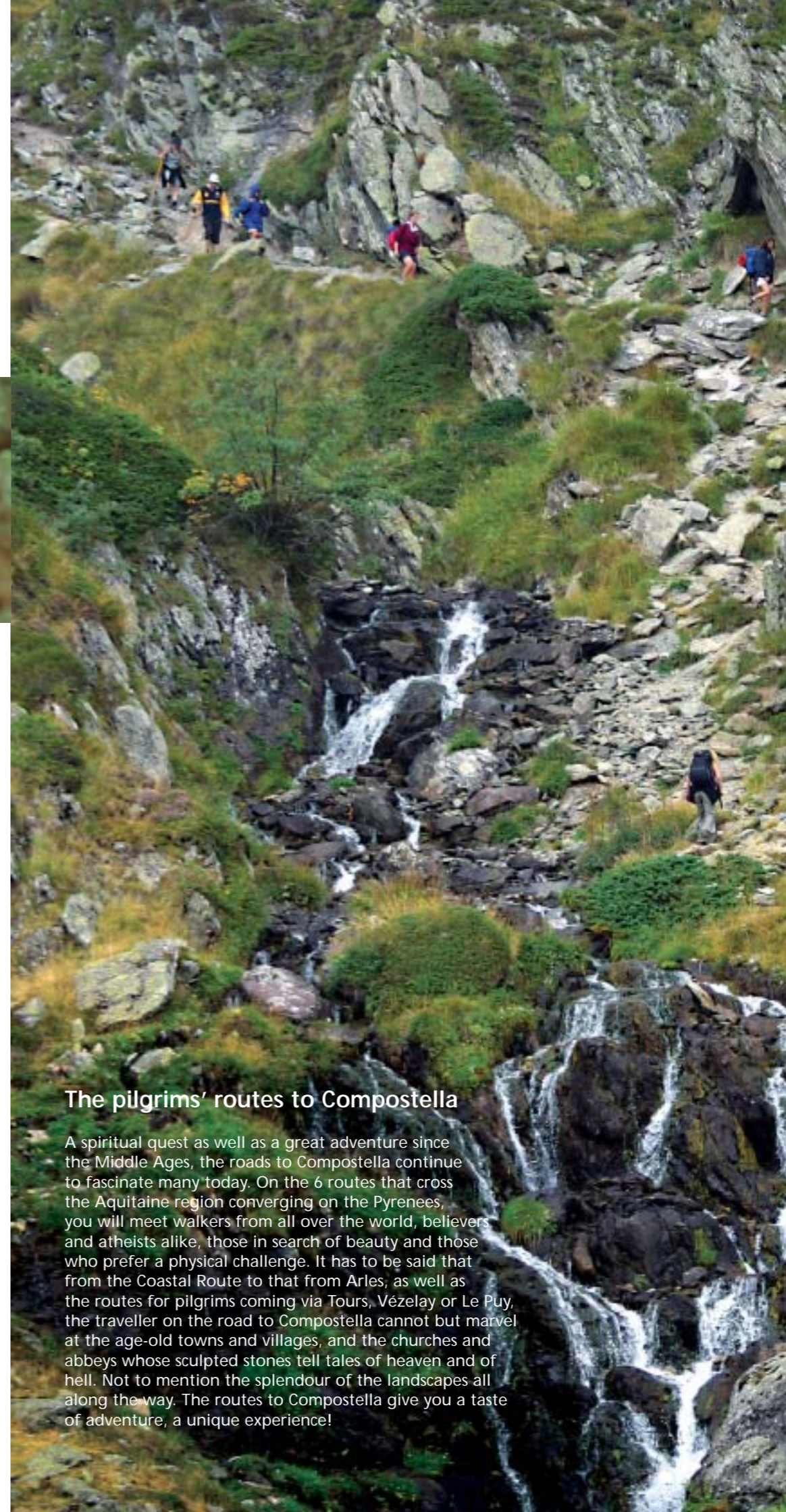
A gentle ride to take in the beauty of the landscape or the town, long-distance trips through the mountains for fresh air and fun, cross-country exploits and downhill thrills... Aquitaine caters for each and every taste. Among its strong points is a magnificent network of cycle-tracks running from the Pointe de Graves to Bayonne and the countless country roads of the Dordogne, Lot-et-Garonne, Béarn and the Basque Country. Then there are the 2,000 km of signposted cross-country routes classified by category and covering the whole region. The latest marvel created for our cycling friends – the Créon cycle station – is the first centre of its kind in France. Inaugurated in 2003, it is a wonderful place where you can rent a bike, have yours repaired, relax, have fun and discover a thousand and one ideas for visits of interest within easy reach of the cycle track.

Golf: where it all started



It was in Pau that golf first saw the light of day in France, in 1856. Since that date, people from Aquitaine have been golf-crazy to such an extent that there are now

50 courses in the region. From the links of Moliets facing the ocean (where the French team trains) to the Golf du Médoc which hosted the French Open in 1999, via the famous greens of the Basque coast, golf has become the king of sports in Aquitaine. There is no doubt that the finest golf courses are to be found here and enthusiasts simply have to stop off for a round, regardless of their level.



Périgord Vert in a horse-drawn caravan



There could be no better way to get away from it all! Travel to the rhythm of your placid, perfectly-trained cart-horse in a comfortable caravan with beds for 4, a lounge and a fitted kitchen. The setting is the Périgord Vert region with its forests of chestnut trees, tranquil rivers and archaeological and architectural treasures (caves of Villars, castles of Brantôme and Puyguilhem...). As each day draws to a close, you can stop off in places where everything is provided for your comfort and that of your horse, often with restaurant facilities on site. Rentals are available by the week in the summer season, and for weekends or the duration of your choice out of season.



Land of equestrianism

Aquitaine is a dream for those who practice all sorts of equestrian activities or wish to include riding among other activities during their holidays. There are thousands of miles of signposted routes and a whole host of stables, horse-riding clubs, stud farms, gîtes and circuits to discover the region's history, architecture and gastronomy. Giddy up!

The pilgrims' routes to Compostella

A spiritual quest as well as a great adventure since the Middle Ages, the roads to Compostella continue to fascinate many today. On the 6 routes that cross the Aquitaine region converging on the Pyrenees, you will meet walkers from all over the world, believers and atheists alike, those in search of beauty and those who prefer a physical challenge. It has to be said that from the Coastal Route to that from Arles, as well as the routes for pilgrims coming via Tours, Vézelay or Le Puy, the traveller on the road to Compostella cannot but marvel at the age-old towns and villages, and the churches and abbeys whose sculpted stones tell tales of heaven and of hell. Not to mention the splendour of the landscapes all along the way. The routes to Compostella give you a taste of adventure, a unique experience!



Impressive

**A trip through time and space...
With its prehistoric sites, its fortresses and villages, its rivers and canals, Aquitaine invites visitors on a voyage through the millennia along which mankind has built the present and you can build your own dreams...**

Bringing the stone to life

Lazing on the banks of rivers, clinging to cliff faces or nestling under the eaves of forests, our villages are the expression of the age-old love of the Aquitains for life and all the delights it offers. Come and enjoy the cool shade of the trees on the village square, take in the lilting local accents and taste delicious local produce in the covered markets, discover the talents of our craftsmen in their village workshops and even come into our homes for a night in a chambre d'hôte.

The villages of Aquitaine also constitute a stunning heritage made of stones and tiles, half-timbered walls and slate roofs, churches, covered markets, ancient wash-houses and alleyways lined with geraniums and roses... Here are just a few names among the many, each of them an invitation to come and enjoy the simpler pleasures in life: La Roque-Gageac in the Dordogne, Saint-Macaire in the Gironde, Marquèze in the Landes, Meilhan in the Lot-et-Garonne, Ainhoa in the Basque Country and Lescun in Béarn.



Fort de Socoa (64)

Sail on

For centuries, the region's waterways were used for transporting wines, salt, oil, flour, spices, lace and a whole host of other goods. Today, they offer an original way of travelling, a gentler way of getting around and that marvellous sensation of seeing our towns and villages from a most original angle, almost catching them by surprise. Garonne, Dordogne, Lot, Baise, Canal de Garonne – these are the routes along which you can set out to conquer the region. Thanks to an ingenious system of locks, channels and admirable canal-bridges, you can glide from one waterway to another, cross rivers and take the stairway to paradise. One-day cruises or guided boat-trips are available in Castets-en-Dorthe, Meilhan, Agen, Nérac, Clairac, Fumel or Pont des Sables. Follow in the wake of Good King Henri IV on his conquests of a more romantic sort, moor at the foot of ancient villages, enjoy the cool shade of the trees along the banks of the canals, set out on escapades to discover little villages or follow the scent of grilled duck wafting on the breeze to welcoming inns where a glass of red wine awaits... What more could you ask for?



Lascaux II

Discovered in 1940 by four teenagers looking for a lost dog, the Lascaux cave in Montignac is the "Sistine Chapel" of prehistoric art. Thanks to the facsimile of the cave constructed 200 metres from the original, the fabulous paintings of the prehistoric site have been

400,000 years of human presence

In the Dordogne, there are fifteen or so sites along the length of the Vézère Valley bearing testimony to the life of the tribes of hunters who lived there 400,000 years ago! There are the magnificent polychrome paintings of Lascaux and of Font de Gaume in Les Eyzies, the engravings of Bara-Bahau, Saint-Cirq-Le Bugue and the Gorges d'Enfer, the countless tools and remains discovered on the sites of Castel Merle, Le Moustier, La Ferrassie, Cap Blanc and Laugerie... To all these sites in Périgord should also be added the other treasures of Aquitaine: the cave of Pair Non Pair near Bourg sur Gironde, entirely adorned with horses, ibex and mammoths ... Not forgetting Chalosse, in the south of the Landes, where there is a work of art sculpted 22,000 years ago: the Lady of Brassempouy!

saved and the world can continue to enjoy one of the most striking examples of wall paintings. Preceded by a chamber containing a museum, Lascaux II provides a perfect replica of the famous Salle des Taureaux as well as the little horses and various symbolic patterns found in the "axial diverticulum".

The Castle of Bonaguil



To the north-east of Fumel, at the crossroads between the Agenais, Périgord and Quercy areas, Bonaguil is the archetype of the medieval French fortress. Built between 1480 and 1520, it boasts no fewer than thirteen towers and turrets alongside its dungeon sheltering vast halls, tunnels and underground chambers. Designed for "modern" warfare, the castle was built in the shape of a ship's prow to reduce exposure to cannonballs and other projectiles. So impressive is its defence system that nobody ever dared lay siege to it. Towering over a magnificent landscape of forests, Bonaguil is illuminated regularly. Every summer, the castle hosts a music and theatre festival in August.



Château de Bonaguil (17)

Jean-Louis Gonzalez, producer of chisteras



"Making chisteras is an art that is passed down from father to son. My brother, my son and myself are today the only family of craftsmen in the French Basque Country and there are about ten on the Spanish side.

I learnt all I know by working with my grandfather and then my father. Each chistera is made to measure and adapted to suit the height and the power of the player. We use kip leather for the glove, chestnut for the frame and wicker to weave the basket. The finished product must be strong, supple and handsome, and each producer has his own jealously-guarded secrets."

Heritage



Castles in Périgord...



Monpazier (24)

In Périgord, castles were rarely built with pleasure in mind. Just visit Beynac, Bourdeilles, Mareuil, Biron or Lanquais and you will see for yourself: the defensive quality of each site is most impressive. Built in the 12th and 13th centuries, these castles resisted the last great invasions and the countless battles of the Hundred Years War. Later, when the region had quietened down a little, many of these fortresses had their stark appearance softened by the addition of transom windows, beautiful staircases and imposing fireplaces, were extended to include elegant dwellings and even had superb parks and gardens laid out around them, as is the case at Eyrennac and Hautefort.

and Bastide towns in Aquitaine...

With their imposing stone gateways, their latticework of streets, their covered market-places and their squares lined with houses set behind archways, you could hardly miss them! These "bastides", or walled towns, were built between the 13th and 14th centuries and were created by feudal lords and men of the church, always following the same model. 700 years later, the bastides have regained all their charm and vitality: they play host to

flourishing markets all year round and their houses are home to a great many shops and arts and crafts workshops. A few bastides well worth visiting: Sauveterre-de-Guyenne and Cadillac in Gironde, Monpazier and Villefranche-de-Périgord in the Dordogne, Vianne, Villeneuve-sur-Lot, Puymirol and Villeréal in Lot-et-Garonne, Geaune and Labastide d'Armagnac in the Landes, and Labastide-Clairence in the Pyrénées-Atlantiques.

The ocean and the estuary: Cordouan Lighthouse and Blaye Citadel

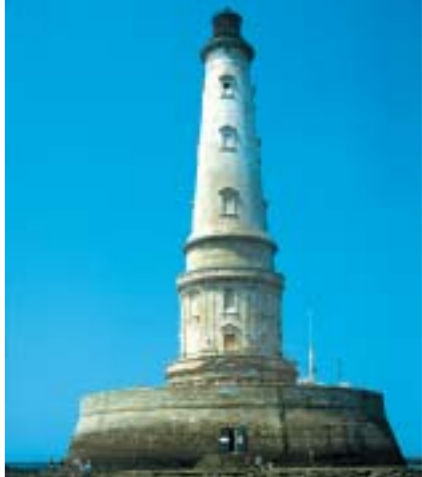


Blaye Citadel (33)

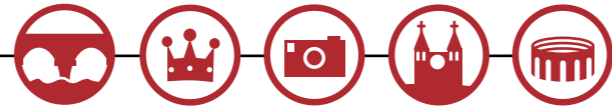
These are two jewels in the crown of Aquitaine heritage. The first, anchored to a rock in the waters of the Atlantic by the Gironde Estuary and with its light set 67.5 metres high, has been guiding boats since 1584. Built in cut stone, Cordouan Lighthouse offers magnificent sculp-

tures and ornaments. But it is the interior of the tower, with its royal apartments, its chapel and its staircases, that has earned this lighthouse the nickname "Versailles of the sea".

Standing opposite the Médoc and the Ile Paté, the rock of Blaye has been a crucial strategic site since Roman times. It controlled maritime access to Bordeaux and the other towns of Guyenne. In 1680 Louis XIV asked the architect Vauban to build a citadel there. With a surface area of 22 hectares, the resulting structure was a veritable fortified town with ramparts, towers, monumental gateways, streets, squares and gardens. A masterpiece of 17th century military architecture, Blaye Citadel is today home to an arts and crafts quarter and hosts many exhibitions and events.



Cordouan Lighthouse (33)



Dazzling

Towns have become an increasingly popular tourist attraction. People flock to them to soak up the atmosphere and admire the historical heritage, but also to share in cultural or sporting events and seek out good places to eat, shop, stroll or be entertained.

Enchanting towns

Take Pau, for example. Walks along the palm tree-lined Boulevard des Pyrénées, and visits to the castle of Good King Henri IV are tried and tested favourites. And yet there is much more. The local basketball and rugby teams and shows at the Zénith are all popular attractions. Furthermore, for those who love life, Pau has plenty to offer. Its restaurants propose a wide choice of specialities from Béarn, the Basque Country and Andalusia. Its casino welcomes Boule and fruit machine enthusiasts until the small hours. And the luxury fashion shops in the old part of town will provide a remedy for those suffering from shopping fever...

Equally appealing are the Byzantine cupolas of Saint-Front Cathedral in Périgueux. With its rich medieval part of town symbolised by the Tour Mataguerre, its Gallo-Roman district Vésone, and its big gourmet markets, Périgueux has become one of France's premier towns for large-scale cultural and artistic events such as Mimos, the Truffe d'Argent, the Festival International de Musique Baroque and the Salon International du Livre Gourmand.

One of France's leading destinations in the 1930s and the Belle Époque, Biarritz has come back to the fore thanks to its golfing attractions, its role as one of the world's surfing capitals, and its lifestyle combining Basque and Spanish influences. The different ambiances of the town can be enjoyed in the bars of the fishing port, the bodegas in the town centre, or on the heights of Ilbarritz.



Biarritz (64)

Further north, Bordeaux, the capital of Aquitaine, is going through a major transformation with the installation of a tram network. In parallel with this work, the city's most beautiful buildings are being illuminated by special lighting, wide pedestrian areas are being laid out along the quays, and the city is revealing new perspectives of its historical districts of Sainte-Croix, Saint-Michel and Saint-Pierre, the Opera and the magnificent buildings of the famous "Triangle" quarter. Since 1998, Bordeaux has taken on a new festive life with the Fête du Vin and the Fête du Fleuve which celebrate the two historical pillars of the city's wealth – namely wine and the river – in a wave of music, dance, and festive meals. The city has also seen the opening of "guinguette" cafés on either side of the Garonne River and the emergence of a new generation of trendy restaurants around the docks in the Bacalan district. Bordeaux is beautiful, Bordeaux is festive: an open, welcoming city offering an irresistible joie de vivre.



Château de Pau (64)



Pont de Pierre in Bordeaux (33)



MAJOR SITE
IN AQUITAINE

Domaine d'Abbadia and the Basque cornice

The Domaine d'Abbadia is an extraordinary site born of the talent of Mother Nature and the commitment of one man – a scientist and explorer – who had an astonishing castle built here in the mid 19th century. Open to the public, the Parc d'Abbadia is a remarkable natural site. Follow the path that runs through land covered with gorse and heather, and discover a wild landscape of high cliffs at the mercy of the water, as well as creeks and rocky points where a large number of migratory or settled birds frolic. At the Domaine d'Abbadia, nature is in charge and who are we to argue?



Vesunna, the new Gallo-Roman museum in Périgueux

Discovered in 1959 in the Gallo-Roman district of Périgueux, the Villa Vesunna contains perfectly preserved remains of its residential rooms set around its central courtyard. It was this magnificent structure that inspired the famous architect Jean Nouvel in a fabulous museographic project. Vesunna opened in early summer 2003 and offers an immense glass-sided patio highlighting the remains of the villa, and a small garden with a magnificent Holm oak tree. Visitors take wooden footbridges to wander through the house and discover objects and models that evoke daily life in Roman times.



Towns and cities



Under the charm of...

Sarlat (24)

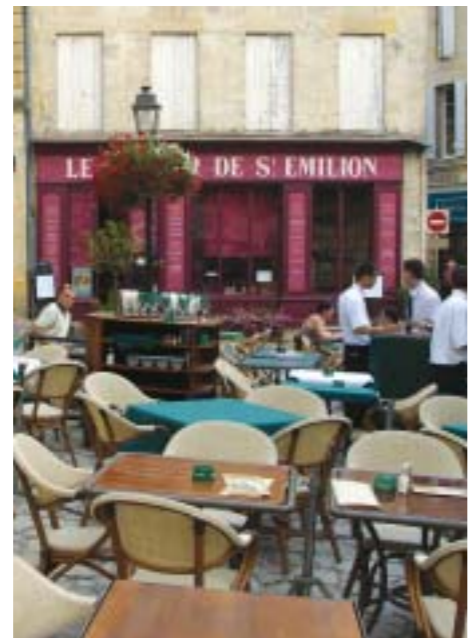
The narrow streets of Saint-Emilion

Built in a semicircle on the edge of its famous winegrowing plateau, Saint-Emilion offers all the beauty of a medieval village with ancient paved streets, ramparts surrounded by vines, religious edifices, and rows of houses that slope down towards the plains below. The different parts of the town are best discovered by walking along its steep, narrow streets. There is the primitive part with the hermit's cave, the catacombs and the monolithic church. The oenological part offers miles of underground cellars in which the best wines of the appellation peacefully age. And then there is the epicurean part with bistros in the shade of trees, gastronomic restaurants, wine shops with their thousands of bottles, art galleries and workshops, delicious macaroons... But you have to be prepared to climb and descend those steep streets; Saint-Emilion is a treat earned by the muscles in your legs!



The Moorish park in Arcachon

The fresh mornings or cool evenings are the best times to come to the Parc Mauresque (Moorish park). These are privileged moments where the balsamic scents of pinewood and the fragrances of a thousand flowers mingle in the clean salty air. Built as a haven of greenery between the famous Moorish casino – no longer there – and the superb villas of the winter town, the park with its various plant species has an exotic 19th century feel to it. Cedars, plane trees, ginkgo biloba and palm trees rise up in rows along the paths that follow the natural curves of the land. What a pleasure it is to wander or simply sit here to get away from the summer crowds for a few moments...



The staircases and secret courtyards of Sarlat

If you push open certain carriage gates and enter the interior courtyards that lie behind them you will discover some of the wonders of old Sarlat: baluster staircases, medieval fountains, loggias, turrets, watchtowers, transom windows and façades... the best places to find them are in Rue des Consuls, Place du Marché-Aux-Oies, Passage Henri de Segogne, Cour des Fontaines, Cour des Chanoines, the Présidial and the neighbouring streets.

Place Louis XIV in Saint-Jean-de-Luz

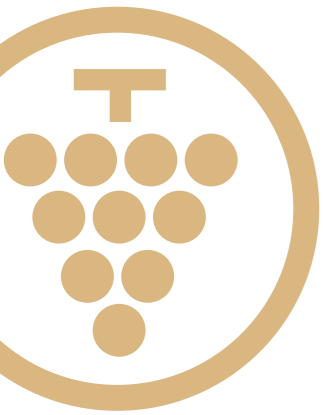
In the evening, on your return from a restaurant or the cinema you cannot fail go through this emblematic square in which

painters have always found an inexhaustible source of inspiration. In the centre of the square the music kiosk is the focal point of activity. All year long, Basque dancers, jazz groups and bands play. If atmosphere is what you want, what

could be better than a toro de fuego, a confetti battle or a grand ball? With a name like Saint-Jean-de-Luz (Light), nightlife could hardly be anything other than brilliant.



Bay of Saint-Jean-de-Luz (64)



Sumptuous

In Aquitaine, the vine has always taken pride of place. Châteaux have been built, hills and forest cleared, and thousands of techniques and instruments invented, all in the name of wine. The sun and the quality of the land have done the rest. From the Bordeaux region to the slopes leading down to the Baise River, from Bergerac to the hills of Irouléguay, those who love wine, enjoy meeting people and admiring beautiful landscapes will be in their element!



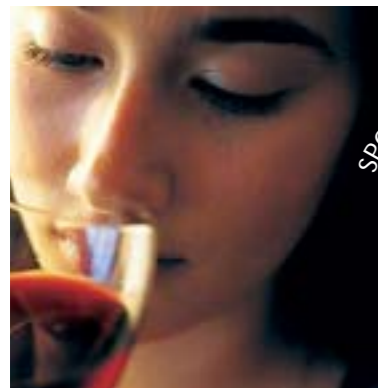
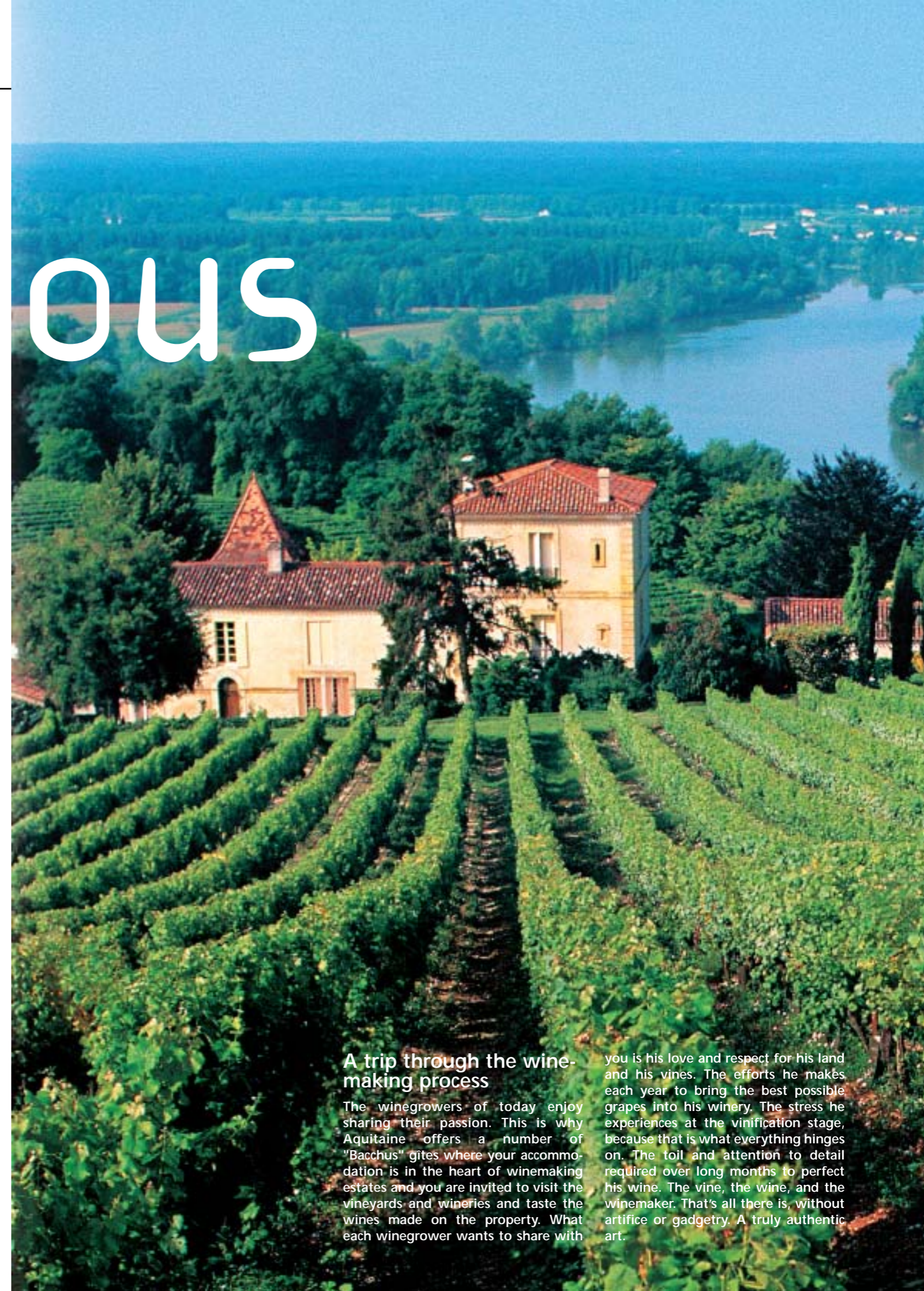
Cellars of Château d'Yquem (33)

A trip through landscapes

One of the main benefits of vineyards in Aquitaine is to have brought about an enormous diversity of landscapes and sensations. In the Médoc, they swell and drop like a green ocean from which a château like the bow of a ship emerges from time to time. In the Saint-Emilion area they intentionally play hide-and-seek behind old stone walls. Elsewhere they cover hillsides, stretch along narrow terraces of land, and surround the walls of churches and villages. They are just waiting to be discovered. Follow them along the hills of Duras, Marmande or Buzet in the gentle light that is so reminiscent of Tuscany. Take the small winding roads through the vineyards of Bergerac or Tursan, among villages, bastide towns and Romanesque churches. Wander along streams and valleys in search of the wines of Béarn and the Basque Country.

A trip through history

In Aquitaine, the vine has Roman origins. In the 1st century AD, it took root at the gateway to Bordeaux (then called Burdigala) as well as in Saint-Emilion, Blaye, and in the Dordogne... This wine civilisation flourished until the 5th century, only to be wiped out by the big barbarian invasions. In the 7th century men of the cloth cleared land and breathed new life into the vineyards. But wine only really took off in 1152 following the marriage of Aliénor of Aquitaine to Henry Plantagenet, future King of England, leading to the large-scale trading of wines with London and the Hanse ports. The areas of land devoted to vines were extended and the ports of Bordeaux, Bergerac, and Bayonne prospered. Today a great many treasures of Aquitaine heritage bear testimony to this long history: the abbeys of La Sauve-Majeure, Geaune en Tursan, Saussignac, the historical castles of Monbazillac, La Brède, Buzet, Duras...



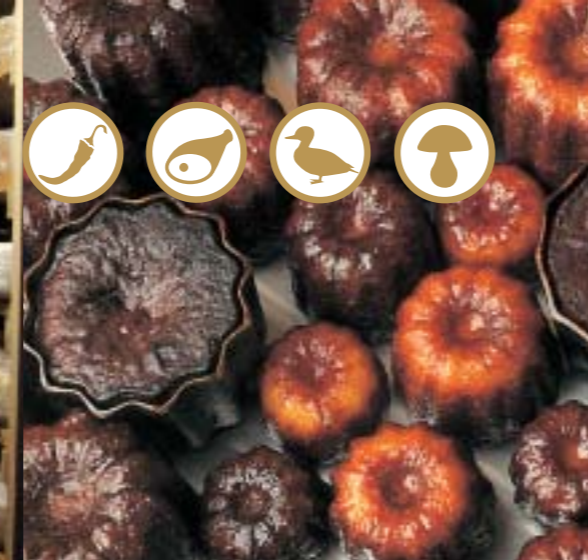
Initiations into wine tasting

An ideal way of getting to know winemakers and of discovering the treasures of the terroir, wine-tasting sessions are attracting more and more visitors. So how do you learn the subtleties of wine-tasting language? First by following the "wine routes" that run through the wine regions. Many winegrowers offer tasting sessions with commentaries. Certain wineries and châteaux also organise tasting sessions with advice from oenologists to initiate guests in the ways and language of the professionals. And the two biggest appellations in Aquitaine, Bordeaux and Bergerac, have set up wine schools offering wine-lovers various initiation and improvement courses.

A trip through the wine-making process

The winegrowers of today enjoy sharing their passion. This is why Aquitaine offers a number of "Bacchus" gîtes where your accommodation is in the heart of winemaking estates and you are invited to visit the vineyards and wineries and taste the wines made on the property. What each winegrower wants to share with

you is his love and respect for his land and his vines. The efforts he makes each year to bring the best possible grapes into his winery. The stress he experiences at the vinification stage, because that is what everything hinges on. The toil and attention to detail required over long months to perfect his wine. The vine, the wine, and the winemaker. That's all there is, without artifice or gadgetry. A truly authentic art.



Wine and gastronomy



“This region is multifaceted, like a diamond”

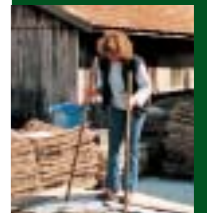


“I made the choice of living here in Puymiroir, in the Lot-et-Garonne, a quarter of a century ago. I have received countless

tempting offers to go elsewhere. And countless times I have nearly accepted... And yet I'm still here! What makes me stay? Well first of all, we have here an extraordinary network of farmers, breeders and small producers from whom I am sure to get the finest poultry, the best fruit and vegetables, and the highest-quality products in general. It took me almost 20 years to find a duck and goose breeder whose sublime foie gras never breaks up when it is cooking. So why should I go elsewhere? Happiness really does come naturally here in the Agen countryside”.

Michel Trama
Restaurant
Les Loges de l'Aubergade in Puymiroir

“Sharing my passion for oysters”



“My name is Angelica Hermann. I was born in Germany but have lived in France for almost 30 years.

Some oyster-farming friends of mine from the Bay of Arcachon were the ones who persuaded me to come and work with them. I was attracted by the natural environment and the work itself, and my friends helped me set up. I am one of those small oyster farmers who breed, cultivate and sell their oysters locally and nowhere else. I love the contact with the public and what I enjoy most is sharing my passion for oysters. The oysters change flavour, texture and appearance according to the season. The oyster is a living product and it's such a pleasure to see people discover it fresh from the farm.”

Gastronomic delights... A brief ABC of Aquitaine specialities

Agen melon

The hillsides of the Agen and Pays d'Albret areas are remarkably well suited to growing the Charentais melon. The "brodée" variety is one of the most highly sought after. Its flesh is firm and sweet with delicious caramelised notes.

Agen prune

The Ente plum was brought into the Damas region by the Crusaders, thus giving birth to the famous Agen prune. The plums are picked when ripe, dried on racks or in dryers, and gradually lose their water content to become this delicacy – which is also a boon for your health: the Agen prune is rich in fibre, fructose, trace elements and antioxidant vitamins.

Asparagus

In Aquitaine, asparagus is as sure a sign of spring as the sound of birdsong. The best varieties come from the Blaye and Landes areas. The tender white asparagus, with just a hint of vinaigrette, is the supreme starter for any meal. Another way of eating it is to dip it in a boiled egg.

Bayonne ham

This was the favourite ham of Rabelais and King Henri IV. Today, with its label and European PGI protection, Bayonne ham is without contest France's finest. It owes its flavour and subtle aroma to the special salt from the Bassin de l'Adour area used for salting it, and its long maturing period in dryers exposed to southerly and westerly winds.

Bazas beef

Formerly used for milking in the Landes area, the magnificent grey-coloured Bazas cattle have come back to the fore as a meat-producing breed. Their meat is dark, extremely fine, tender and delicious.

Bordeaux cèpe mushroom

With its dark brown cap and full, bulbous stem, the cèpe is considered the king of mushrooms. "Boletus edulis" stands out from other mushrooms by its unrivalled flavour and its exquisite flesh. Cooked immediately after being picked, it melts as soon as it touches the pan. In this region it is particularly popular in omelettes or with an entrecote steak.

Cannelé

This small caramelised flan gets its characteristic shape from the mould it is baked in. A Bordeaux speciality, it is famous for its delicious flavour with a hint of vanilla and its melt-in-your-mouth centre inside a crisp coating.



Espelette chilli pepper

A legacy of the Spanish conquest of the New World, Espelette chilli pepper has been cultivated in Béarn and the Basque Country since the late 16th century. It is picked when very ripe and strung together in bunches of 20 to 90 chillies to be dried, cooked in an oven then ground into a fine powder. Powerful and aromatic, Espelette chilli pepper is a prime ingredient of garbure and fish dishes, and goes perfectly with ham and all Basque delicatessen.



Foie gras producing duck

A cross between the Muscovy duck and the Peking duck, the mulard is the incontestable star of South West France. Bred in groups on wide open spaces and fattened with farm-grown maize, this duck is a goldmine of culinary delicacies: foie gras, magret, duck legs, aiguillettes, heart, gizzard, duck grease. Everything in foie gras producing ducks is delicious!

Oysters from Arcachon – Cap Ferret

The climate of the Bay of Arcachon and the quality of its water make it one of France's prime oyster-producing sites. Bred for 4 years in pockets in the 800 hectares of sea farms, "Arcachon" and "Cap Ferret" oysters are deliciously salty and are a local favourite on Sundays, all year round.



Pauillac lamb

Up until the 19th century, the Pyrenean shepherds used to take their sheep to graze in the vineyards of the Médoc. This ancestral practice gave rise to the idea of reintroducing sheep-rearing in the pastureland around Pauillac. Thus was born the Pauillac lamb.

Truffle

Associated with the Périgourdin oak tree, the truffle is the most mysterious of all mushrooms because no one knows where it will spring up. To find it, experts use the incomparable nose of the truffle pig. The aroma and flavour of this "black diamond" have fascinated Man for centuries. All you need are a few flakes of truffle to transform a foie gras, a poultry dish or an omelette into a royal delicacy!



Agen prune

The big Aquitaine "marchés au gras"

Périgueux, Ribérac, Thiviers, and Tocane-Saint-Apre in the Dordogne; Aire-sur-Adour, Hagetmau, Montfort-en-Chalosse, Pomarez, and Villeneuve-de-Marsan in the Landes: On the squares and in the covered markets of these towns, producers have been offering their fattened ducks and geese for sale for two centuries. These places are highly popular among specialist manufacturers, restaurateurs and knowledgeable members of the public.





Welcoming

Bayonne, Dax,
Mont-de-Marsan...

In Aquitaine, these three towns have become legendary sites for all the "festayres" of France and Navarre. Parades, cavalcades, dance, music, sport, games... These towns are like a little part of Spain where people come together with the same spirit of "alegria".

Every year the same thing happens. At midday precisely, on the Place de la Mairie, the crowd comes to awaken Léon, "King of Bayonne", for the big parade through

town in the company of the good and bad genies of Basque mythology. This is the signal that the fêtes have been launched. Here, people say "fêtes" instead of "fête" because the event includes a thousand different fêtes. There are the giant heads of the Orai-Bat cavalcade and the floats of the Procession of Light. The illuminations of the fairground attractions, races with cattle through squares and streets, bullfights, Basque pelota competitions, dance companies and musicians of all kinds, bands of fabulous singers and deafening drummers. It is a throng of happy people that fills the squares and streets, singing, dancing, and living it up all night long.



To make sure the party wants for nothing, all the towns' associations, bars, restaurants and bodegas are mobilised night and day. Every day the vast crowds consume

tons of sandwiches; miles of sausage, huge potfuls of squid, tripe and bacon, as well as gallons of garlic soup at 5 in the morning. And of course there is a flow as steady as that of the nearby Nive River of red wine, rosé wine and beer...

So what is the secret to the success of these fêtes? Above all, the good-humoured atmosphere with its mixture of northern and southern accents, and nationalities forgotten. The traditional "festayre" garb of white shirt or T-shirt and red beret or necktie is a symbol of togetherness and the desire to enjoy the party to the full, but without excessive or uncontrolled behaviour. This is the essence of these unique fêtes!



Course Landaise: quite an art

With the Course Landaise, the confrontation between man and beast is a game. There is no combat or killing, but instead a kind of joust in which humans have to show skill, suppleness and bravery faced with a cow of the same breed as the corrida bulls. The main figures to be accomplished in Course Landaise are the swerve, the dummy and the jump. The first involves causing the animal to charge at you and then swerving away but letting it pass as close as possible to your body. The jumpers are real gymnasts capable of achieving swallow dives, perilous jumps and other acrobatic moves above the cow's horns! Like the corrida, the Course Landaise has its "aficionados" and traditions. Deeply rooted in this area since the 12th century, it is inseparable from the fêtes, be they in Dax, Mont-de-Marsan or in the smallest village.





Aquitaine, a land of artistic creation



Festival du Périgord Noir (24)

La Parenthèse Enchantée company - Mimos Festival (24)

Les contes d'Hoffmann - Les nuits lyriques en Marmandais (47)

Festival du Périgord Noir July/August

For more than twenty years, the Festival du Périgord Noir has combined the magic of exceptional sites with masterpieces of baroque music. These wonderful events with internationally renowned soloists and orchestras offer the audience around twenty concerts in settings both fairytale and reli-

gious, such as Saint Amand de Coly, the churches of Plazac, Auriac, Rouffignac, and Sarlat, or the orange grove of Eyrygnac Manor. This Festival has also resulted in the set-up of an academy of ancient music which offers one-week training courses to the great instrumentalists of tomorrow.

Mimos in Périgueux August

Created in 1996, Mimos reveals each year the extraordinary creativity of a universal form of expression that uses the face, the body and movement. Here, the international elite of mime invade the streets of the historical centre of the town and plenty of other places too. It is a magical event with an extremely enthusiastic audience.

Les Nuits Atypiques de Langon August

Concerts, parades, lessons, workshops, debates, exhibitions, arts and crafts... The great adventure of the Nuits Atypiques offers excitement and talent in a unique, multilayered event bringing together all the art and music forms of the world. Over four days and four nights, a fervent crowd enters in communion with the artists in a festive atmosphere.

Les Nuits Lyriques en Marmandais August

The theatre of Marmande and the wine-growing villages of Beaupuy and Cocumont provide the three settings for an international singing competition hosting soloists from all over the world who come to try to win over a panel of 15 lyric drama directors from France and elsewhere. Throughout the competition a great many events are scheduled to highlight all the various aspects of lyric art, with recitals, operas and operettas.

Le Temps d'Aimer, Biarritz September

This is the festival of dance- all kinds of dance. Classical, jazz, tango, techno or hip hop. Top dancers mingle with local companies and international ballets. Each year, Le Temps d'Aimer offers a programme to please all tastes.

Flamenco Festival of Mont de Marsan



For the last 15 years this has been the most popular event among lovers of "flamenco puro". A great week of total immersion in the atmosphere of Andalusia, that sun-soaked land where dance and Gypsy song - cante jondo - give such perfect expression to rhythm, incantation, power, sometimes violence. In Mont-de-Marsan, under the artistic direction of Javier Puga, the greatest among these artists come back year after year. Camarón de la Isla, Paco de Lucia and Familia Fernandez sing and play the guitar, while Farruquito, Antonio Canales or Joachim Cortès dance...



Les Ballets de Monté Carlos - Le Temps d'Aimer (64)

This list is not comprehensive.
For any additional information:
Tel.: +33 (0)5 56 46 41 54 (F.R.O.T.S.I.)

Other information, travel agents, tour operators...
available on:
www.franceguide.com

Getting to Aquitaine

With its long coastline opening out towards the rest of the world, Aquitaine lies at a crossroads between the routes linking Paris and Spain, the Atlantic and the Mediterranean.

The region is a major hub with rapid transport links to the rest of France, the major European cities, and the world.

BY ROAD

A10 : Paris-Bordeaux
A62 : Toulouse-Bordeaux
A63 : Biarritz-Bordeaux

Information, tolls, routes:

Tel.: +33 (0)5 56 96 33 33
minitel 3615 Route
www.bisonfute.equipement.gouv.fr

BY AIR

A large number of regional, national and international companies offer daily services in and out of the airports of Aquitaine. Paris is less than one

hour away and the major European cities under 2 hours away by air.

Information, fares, bookings:

Bordeaux – Mérignac International Airport
Tel.: +33 (0)5 56 34 50 00
www.bordeaux.aeroport.fr

Biarritz International Airport

Tel.: +33 (0)5 59 43 83 83

Pau – Pyrénées International Airport

Tel.: +33 (0)5 59 33 33 00

BY TRAIN

Full rail links backed up by the T.G.V. Atlantique high-speed train make Aquitaine a major communications hub. Paris is just 3 hours from Bordeaux, Nantes 4 hours, Lille 5 hours and Brussels 6 hours.

Information, fares, bookings:

Tel.: +33 (0)8 36 35 35 35 – www.sncf.fr

BY SEA

The ports of Bordeaux and Bayonne offer cruise ships the possibility of mooring right in the city centre.

AVERAGE TEMPERATURES	
January	10°
February	12°
March	13.6°
April	15.8°
May	19°
June	22.4°
July	24.7°
August	25.2°
September	22.7°
October	18.5°
November	13°
December	10.5°

WARNING:

This document is not contractually binding. The Aquitaine Regional Tourist Board may under no circumstances be held responsible for any errors, omissions or changes to the information presented here. This information is provided only as an indication and is not meant to be exhaustive.

Aquitaine Guide

2004 EDITION

The Atlantic coast



With its rolling waves, its immense sandy beaches bordered by forests, and its famous resorts, the Atlantic coast offers a wealth of charms. Surfing, swimming, thalassotherapy and a host of other aquatic attractions, walks and bicycle rides, gastronomy and festivals... Everything you could possibly want!

Distances in km Between the main cities of Aquitaine, France and Europe	Aquitaine																										
	Bordeaux (33)	Arcachon (33)	Mont-de-Marsan (40)	Dax (40)	Pau (64)	Bayonne (64)	Périgueux (24)	Bergerac (24)	Agen (47)	Ville neuve s/ Lot (47)	Lille	Lyon	Marseille	Montpellier	Nantes	Nice	Paris	Toulouse	Amsterdam	Barcelone	Berlin	Bruxelles	Genève	Londres	Madrid	Milan	Munich
Bordeaux (33)	65	131	145	200	184	129	97	141	145	809	535	652	489	324	810	584	247	1090	642	1635	896	684	1002	694	998	1265	1486
Arcachon (33)	65	130	145	215	184	199	163	197	199	880	605	707	544	395	865	655	302	1161	618	1710	967	755	1073	694	1068	1336	1541
Mont-de-Marsan (40)	131	130	54	84	106	209	153	121	124	937	717	587	424	452	745	711	183	1217	493	1767	1024	836	1130	616	1063	1422	1421
Dax (40)	145	145	54	87	52	278	211	179	183	959	806	676	513	474	834	734	275	1240	511	1789	1046	925	1152	563	1152	1511	1510
Pau (64)	200	215	84	87	114	266	217	162	189	1006	729	598	435	521	756	781	197	1287	434	1836	1093	847	1199	545	1075	1433	1433
Bayonne (64)	184	184	106	52	114	317	263	231	234	998	833	702	539	513	860	772	301	1278	538	1828	1085	951	1191	513	1179	1537	1536
Périgueux (24)	129	199	209	278	266	317	48	139	109	711	413	582	411	345	740	486	243	992	559	1541	798	563	904	827	876	1140	1386
Bergerac (24)	97	163	153	211	217	263	48	91	61	764	454	612	449	384	770	539	207	1045	523	1594	851	604	957	773	917	1192	1446
Agen (47)	141	197	121	179	162	231	139	91	29	879	548	522	359	463	681	654	118	1160	434	1709	966	771	1072	741	999	1358	1357
Villeneuve s/ Lot (47)	145	199	124	183	189	234	109	61	29	852	483	550	387	466	708	626	145	1132	461	1682	939	633	1045	744	1027	1223	1384

Seaside resorts		Supervised beach	Swimming pool	Surfing	Water skiing	Windsurfing	Sailing school	Deep-sea diving	Sea fishing	Boat hire	Yachting harbour	Casino	Access for the handicapped	Children's club	Resorts with the KID label
GIRONDE (33)															
	<i>RESORT</i>	<i>Tel.</i>													
	ANDERNOS-LES-BAINS	+ 33 (0)5 56 82 02 95	•	•	•	•	•	•	•	•	•	•	•	•	•
	ARCACHON	+ 33 (0)5 57 52 97 97	•	•	•	•	•	•	•	•	•	•	•	•	•
	ARES	+ 33 (0)5 56 60 18 07	•	•	•	•	•	•	•	•	•	•	•	•	•
	CARCANS-MAUBUISSON	+ 33 (0)5 56 03 34 94	•	•	•	•	•	•	•	•	•	•	•	•	•
	CAZAUX	+ 33 (0)5 56 22 91 75	•	•	•	•	•	•	•	•	•	•	•	•	•
	GUJAN-MESTRAS	+ 33 (0)5 56 66 12 65	•	•	•	•	•	•	•	•	•	•	•	•	•
	HOURTIN	+ 33 (0)5 56 09 19 00	•	•	•	•	•	•	•	•	•	•	•	•	•
	LA TESTE-DE-BUCH	+ 33 (0)5 56 54 63 14	•	•	•	•	•	•	•	•	•	•	•	•	•
	LACANAU OCEAN	+ 33 (0)5 56 03 21 01	•	•	•	•	•	•	•	•	•	•	•	•	•
	LE PORGE	+ 33 (0)5 56 26 54 34	•	•	•	•	•	•	•	•	•	•	•	•	•
	LE VERDON-SUR-MER	+ 33 (0)5 56 09 61 78	•	•	•	•	•	•	•	•	•	•	•	•	•
	LEGE-CAP-FERRET	+ 33 (0)5 56 03 94 49	•	•	•	•	•	•	•	•	•	•	•	•	•
	PYLA-SUR-MER	+ 33 (0)5 56 54 02 22	•	•	•	•	•	•	•	•	•	•	•	•	•
	SOULAC-SUR-MER	+ 33 (0)5 59 09 86 61	•	•	•	•	•	•	•	•	•	•	•	•	•
	VENDAYS-MONTALIVET	+ 33 (0)5 56 09 30 12	•	•	•	•	•	•	•	•	•	•	•	•	•
LANDES (40)															
	BISCARROSSE	+ 33 (0)5 58 78 20 96	•	•	•	•	•	•	•	•	•	•	•	•	•
	CAPBRETON	+ 33 (0)5 58 72 12 11	•	•	•	•	•	•	•	•	•	•	•	•	•
	HOSSEGOR	+ 33 (0)5 58 41 79 00	•	•	•	•	•	•	•	•	•	•	•	•	•
	LABENNE	+ 33 (0)5 59 45 40 99	•	•	•	•	•	•	•	•	•	•	•	•	•
	LIT-ET-MIXE	+ 33 (0)5 58 42 72 47	•	•	•	•	•	•	•	•	•	•	•	•	•
	MIMIZAN	+ 33 (0)5 58 09 11 20	•	•	•	•	•	•	•	•	•	•	•	•	•
	MOLIETS-ET-MAA	+ 33 (0)5 58 48 56 58	•	•	•	•	•	•	•	•	•	•	•	•	•
	ONDRES	+ 33 (0)5 59 45 27 73	•	•	•	•	•	•	•	•	•	•	•	•	•
	PARENTIS-EN-BORN	+ 33 (0)5 58 78 43 60	•	•	•	•	•	•	•	•	•	•	•	•	•
	SAINT-JULIEN-EN-BORN	+ 33 (0)5 58 42 89 80	•	•	•	•	•	•	•	•	•	•	•	•	•
	SANGUINET	+ 33 (0)5 58 78 67 72	•	•	•	•	•	•	•	•	•	•	•	•	•
	SEIGNOSSE	+ 33 (0)5 58 43 32 15	•	•	•	•	•	•	•	•	•	•	•	•	•
	SOUSTONS	+ 33 (0)5 58 41 52 62	•	•	•	•	•	•	•	•	•	•	•	•	•
	TARNOS	+ 33 (0)5 59 64 98 98	•	•	•	•	•	•	•	•	•	•	•	•	•
	VIELLE-SAINT-GIRONS	+ 33 (0)5 58 47 94 94	•	•	•	•	•	•	•	•	•	•	•	•	•
	VIEUX-BOUCAU-PORT-D'ALBRET	+ 33 (0)5 58 48 13 47	•	•	•	•	•	•	•	•	•	•	•	•	•
PYRENEES-ATLANTIQUES (64)															
	ANGLET	+ 33 (0)5 59 03 77 01	•	•	•	•	•	•	•	•	•	•	•	•	•
	BIARRITZ	+ 33 (0)5 59 22 37 00	•	•	•	•	•	•	•	•	•	•	•	•	•
	BIDART	+ 33 (0)5 59 54 93 85	•	•	•	•	•	•	•	•	•	•	•	•	•
	CIBOURE	+ 33 (0)5 59 47 64 56	•	•	•	•	•	•	•	•	•	•	•	•	•
	GUETHARY	+ 33 (0)5 59 26 56 60	•	•	•	•	•	•	•	•	•	•	•	•	•
	HENDAYE	+ 33 (0)5 59 20 00 34	•	•	•	•	•	•	•	•	•	•	•	•	•
	SAINT-JEAN-DE-LUZ	+ 33 (0)5 59 26 03 16	•	•	•	•	•	•	•	•	•	•	•	•	•

All the resorts indicated and located on the ocean (not including the Bay of Arcachon) have supervised beaches. For full details of the Tourist Offices, refer to the "Useful Addresses" chapter.



Tourisme d'Aquitaine

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Cité Mondiale - 23, parvis des Chartrons - 33074 BORDEAUX Cedex - France
Tel.: +33 (0)5 56 01 70 00 - Fax: +33 (0)5 56 01 70 07
E-mail : tourisme@crt.aquitaine.fr
Site : www.tourism-aquitaine.info



Sailing

Coastal resorts with the “Station Voile” label issued by the French Sailing Federation:

GIRONDE

La Teste-de-Buch, Arcachon

PYRENEES-ATLANTIQUES

Hendaye



Surfing

- List of the 52 clubs affiliated to the French Surfing Federation on **www.surfingaquitaine.com**.

- Regional guidebook “Surfer en Aquitaine”, published by: **La Ligue d’Aquitaine de Surf** 1, avenue de la Côte d’Argent 40200 Mimizan info@surfingaquitaine.com – www.surfingaquitaine.com

- Fédération française de Surf** 30, impasse de la digue Nord – BP 28 40150 Hossegor Tel. : +33 (0)5 58 43 55 88 – Fax: +33 (0)5 58 43 60 57 contact@surfingfrance.com – www.surfingfrance.com



Water parks

GIRONDE

- Aqualand** 145, route des Grands Lacs – 33470 Gujan-Mestras Tel.: +33 (0)5 56 66 39 39 – Fax: +33 (0)5 56 66 42 84 Reservations: 08 92 68 66 13

LANDES

- Aquatic- Landes** Park including swimming pool with wave machine, slides, paddling pool; leisure park with crazy golf, hire of ATVs and mini ATVs. Route océane – 40530 Labenne-Océan Tel.: +33 (0)5 59 45 60 40 aquitaine@parc-robinson.com

- Atlantic Park** The biggest aquatic and leisure park in the Landes. 40510 Seignosse-le-Penon Tel.: +33 (0)5 58 49 89 89 www.seignosse.com Information in season: Tel.: +33 (0)5 58 43 15 30



Thalassotherapy

GIRONDE

- Euronat** 33590 Grayan-l’Hôpital Tel.: +33 (0)5 56 73 24 50 – Fax: +33 (0)5 56 73 79 50 thalasso@euronat.fr – www.euronat.fr

- Thalazur Arcachon Integrated *** hotel.** Avenue du Parc – 33120 Arcachon Tel.: +33 (0)5 57 72 06 66 – Fax: +33 (0)5 57 72 06 60 arcachon@thalassofrance.com – www.thalassofrance.com

PYRENEES-ATLANTIQUES

- Atlantal Integrated ** and *** hotels.** 153, boulevard des Plages – 64600 Anglet-Biarritz Tel.: +33 (0)5 59 52 75 75 – Fax: +33 (0)5 59 52 75 13 thalasso.atlanthal@wanadoo.fr – www.atlanthal.com

- Les Thermes Marins de Biarritz** Accommodation nearby. 80, rue de Madrid – 64200 Biarritz Tel.: +33 (0)5 59 23 01 22 – Fax: +33 (0)5 59 23 29 17 www.thermesmarins-biarritz.com

- Thalassa Biarritz Integrated **** hotel.** 11, rue Louison-Bobet – 64200 Biarritz Tel.: +33 (0)5 59 24 20 80 – Fax: +33 (0)5 59 24 87 24 h2049-gm@accor-hotels.com – www.thalassa.com

- Hélianthal Integrated *** hotel.** BP 469 – place Maurice-Ravel – 64504 St-Jean-de-Luz Cedex Tel.: +33 (0)5 59 51 51 10 – Fax: +33 (0)5 59 51 51 54 helianthal@helianthal.fr – www.helianthal.fr

- Complexe Hôtelier et Thalassothérapie Serge Blanco Integrated *** hotel.** 125, boulevard de la Mer – BP 517 – 64705 Hendaye Cedex Tel.: +33 (0)5 59 51 35 35 – Fax: +33 (0)5 59 51 36 00 thalassosb@aol.com – www.thalassoblanco.com



Naturism

“Naturism” brochure available at the Regional Tourist Board. Further practical information from the Tourist Boards of Gironde, Dordogne, Lot-et-Garonne and Landes (cf. Useful addresses).

GIRONDE

- Fédération Française de Naturisme** 65, rue de Tocqueville – 75017 Paris Tel.: +33 (0) 1 47 64 32 82 – Fax: +33 (0) 1 47 64 32 63 www.ffn-naturisme.com

- Naturissimo CHM Montalivet** 46, avenue de l’Europe Vendays-Montalivet – 33341 Lesparre-Médoc Tel.: +33 (0)5 56 73 26 70 – Fax: +33 (0)5 56 09 32 15 info@chm-montalivet.com – www.chm-montalivet.com

- Centre de vacances La Jenny** Route de la Jenny – 33680 Le Porge Tel.: +33 (0)5 56 26 56 90 – Fax: +33 (0)5 56 26 56 51 info@lajenny.fr – www.lajenny.fr

LANDES

- Centre de vacances Arnaoutchot** 40560 Vielle-Saint-Girons Tel.: +33 (0)5 58 49 11 11 – Fax: +33 (0)5 58 48 57 12 contact@arna.com – www.arna.com



Cycling

Brochures with maps and circuits available from the local Tourist Boards. Brochure entitled “A Vélo”, offering a selection of circuits, available from the Aquitaine Regional Tourist Board (cf. useful addresses).



Horse riding

“A Cheval” brochure devoted to equestrian tourism available at the Aquitaine Regional Tourist Board (cf. useful addresses).

- Comité Régional de Tourisme Equestre de Randonnée et d’Equitation de Loisirs** Hippodrome du Bouscat – BP 95 – 33492 Le Bouscat Cedex Tel. +33 (0)5 56 28 01 48 / +33 (0)5 53 48 02 28 Fax: +33 (0)5 56 16 26 55 / +33 (0)5 53 69 44 75

GIRONDE

- Comité Départemental de Tourisme Equestre de Gironde** Maison des Sports de la Gironde 153, rue David-Johnston – 33000 Bordeaux Tel.: +33 (0)5 56 00 99 28 – Fax: +33 (0)5 57 51 55 53

LANDES

- Comité Départemental de Tourisme Equestre des Landes** Chambre d’Agriculture – S.U.A.Tourisme Cité Galliane – BP 279 – 40005 Mont-de-Marsan Cedex Tel.: +33 (0)5 58 85 44 43 – Fax: +33 (0)5 58 85 44 45



Golf

Two Golf Passes, “Bordeaux Gironde” and “Biarritz”, for you to discover golf courses in different areas at advantageous prices. Information:

- Bordeaux Gironde Golf Pass** Comité Départemental de la Gironde (Cf. useful addresses).
- Biarritz Golf Pass** 2, avenue Edith -Cavell – 64200 Biarritz Tel.: +33 (0)5 59 03 71 80 – Fax: + 33 (0)5 59 03 26 74 golf.biarritz@wanadoo.fr – www.touradour.com/golfpass.htm

“ Golf” brochure (in French and English) available from the Aquitaine Regional Tourist Board (cf. useful addresses).



Theme parks

List not comprehensive. Further information from the local Tourist Boards (cf. useful addresses).

GIRONDE

- Kid Parc** Mini amusement park in the heart of a pine forest. Parc de la Hume – Route des Lacs – 33470 Gujan-Mestras Tel.: +33 (0)5 56 66 06 90 – Fax: +33 (0)5 56 66 85 90 kidpark.aquitaine@wanadoo.fr Open from 01/04 to 30/09.

- La Coccinelle** La Hume – Leisure park – 33470 Gujan-Mestras Tel.: +33 (0)5 56 66 30 41 – Fax: +33 (0)5 56 66 79 46 Open from 01/05 to 31/08.

- Zoo du Bassin d’Arcachon** Wooded 10-hectare parkland: 3 big parks: zoo, farm, and leisure park. Route de Cazaux – 33260 La Teste-de-Buch Tel.: +33 (0)5 56 54 71 44 – Fax: +33 (0)5 56 54 14 02 Open from 01/04 to 30/09 and weekends all year round.

- Parc ornithologique du Teich** 120-hectare nature park with a large number of bird species. Nature trails and bird-watching posts. Rue du Port – 33470 Le Teich Tel.: +33 (0)5 56 22 80 93 – Fax: +33 (0)5 56 22 69 43 info@parc-ornithologique-du-teich.com www.parc-omithologique-du-teich.com Open every day.

- « Maison des Jeunes”**: Tropical Aquarium 8, allées José-Maria-de-Heredia – 33120 Arcachon Tel.: +33 (0)5 56 83 19 52 – Fax: +33 (0)5 56 83 18 29 www.aquarium.tropical.free.fr Open all year round except Sundays and bank holidays.

LANDES

- Aventure Parc** Avenue de la Plage – BP 83 – 40601 Biscarrosse Tel.: +33 (0)5 58 82 53 40 – Fax: +33 (0)5 58 82 06 62 aventure-parc@ville-biscarrosse.fr – www.aventure-parc.com Open from February to November.

- La Pinède des Singes** Troop of monkeys in liberty; walks in the Landes forest. Route Nationale 10 – 40530 Labenne Tel.: +33 (0)5 59 45 43 66 Open every day from 01/04 to 30/09.

Parc animalier de Labenne Avenue de l’Océan – 40530 Labenne Tel.: +33 (0)5 59 45 43 93 parc.animalier.labenne@wanadoo.fr www.perso.wanadoo.fr/parc-animalier.labenne Open every day from 01/04 to 03/10.

Parc Robinson Adventure courses in the trees. Route de la Plage – 40530 Labenne Océan Tel.: 06 30 36 43 25 www.parc-robinson.com Open every day from 15/06 to 15/09. And every weekend and school holiday.

PYRENEES-ATLANTIQUES

- Parc Florenia** 6 km from Saint-Jean-de-Luz. Visitor circuit: Jardin des Curés (garden with herbs and medicinal plants), rose-garden, “garden of a thousand petals”, Mediterranean terraces, shrubs with flowers and scents. . . RN 10 – La Croix des Bouquets – 64122 Urrugne Tel.: +33 (0)5 59 48 02 51 – Fax: +33 (0)5 59 48 16 17 florenia@wanadoo.fr – www.florenia.com Open from 01/03 to 30/11.



Urban and sightseeing trains

GIRONDE

- Loco Loisirs** Train on tyres. 47, bd du Maréchal Leclerc – 33120 Arcachon Tel.: +33 (0)5 57 72 45 00 – Fax: +33 (0)5 56 83 65 46 Open every day from 01/07 to 31/08.

- Train Touristique P.G.V.S.** 7 km via the forest and along the ocean. Open in July and August. Office du Tourisme 22, rue F-Lebreton – 33123 Le Verdon-sur-Mer Tel.: +33 (0)5 56 09 61 78 – Fax: +33 (0)5 56 09 61 32 www.littoral33.com Every day in season and weekends from May to September

- Tramway du Cap Ferret** Station: Avenue de l’Océan, landing stage in Cap-Ferret 33970 Lège-Cap-Ferret Tel.: +33 (0)5 56 60 62 57 / 06 13 21 86 73 Tel.: +33 (0)5 56 03 94 49 (Tourist Office) From 01/04 to 30/09.

PYRENEES-ATLANTIQUES

- Biarritz tourist train** Ideal to see all the essential curiosities of the town. Open from April to October, departure every 30 min. 15, avenue du Jardin Public – 64200 Biarritz Tel.: +33 (0)5 59 03 44 03 / 06 07 97 16 35 – Fax: +33 (0)5 59 03 19 88 www.ville-biarritz.fr/tourisme_promenade.htm From 30/04 to 30/10.

- Saint-Jean-de-Luz tourist train** The train goes through all the typical streets of the town. Open from April to October and all year round for groups on appointment. Departure from the Tourist Office. Rond Point du Port – 64500 Saint-Jean-de-Luz Tel.: +33 (0)5 59 41 96 94 / 06 85 70 72 85 – Fax: +33 (0)5 59 41 94 33 From 01/04 to 31/10.



Heritage

GIRONDE

- Cordouan lighthouse, le Verdon-sur-Mer** Lighthouse museum. Visits all year round. Tel.: +33 (0)5 56 09 61 78 (O.T.) www.littoral33.com

- Soulac-sur-Mer** Worth a visit: Romanesque abbey “Notre-Dame-de-la-Fin-des-Terres”; archaeology museum; many Côte d’Argent style or neo-colonial villas. Tel.: +33 (0)5 56 09 86 61

- Oyster-farming villages of the Bay of Arcachon** Tel.: +33 (0)5 56 66 12 65 (Gujan-Mestras Tourist Offices) www.ville-gujanmestras.fr et +33 (0)5 56 03 94 49 (Lège-Cap-Ferret Tourist Office) www.lege-capferret.com *“Route de l’Huitre” leaflet available from the Gironde Tourist Office (cf. useful addresses).*

LANDES

- Hossegor and Capbreton** Worth a visit: eco-museum of the sea. Tel.: +33 (0)5 58 41 79 00 (Hossegor Tourist Office) and +33 (0)5 58 72 12 11 (Capbreton Tourist Office)

PYRENEES-ATLANTIQUES

- Hendaye** Worth a visit: Domaine d’Abbadia and the castle built by Viollet-Le-Duc, A few miles away: picturesque village of Biriadou, set against the mountains. Tel.: +33 (0)5 59 20 00 34 (Tourist Office) www.hendaye.com

- Saint-Jean-de-Luz** Worth a visit: Louis XIV house; ‘Maison de l’Infante’; Grévin wax museum; magnificent bay giving onto the Atlantic Ocean. Facing Saint-Jean-de-Luz, on the other bank of the Nivelle. In Ciboure: house where Maurice Ravel was born, and Fort de Socoa. Tel.: +33 (0)5 59 26 03 16 (Tourist Office) www.saintjeandeluz.com



Gourmet specialities

GIRONDE

- Oysters** **Maison de l’Huitre** Museum, documentary, guided tour. Port de Larros – 33470 Gujan-Mestras Tel. / Fax: +33 (0)5 56 66 23 71 www.ville-gujanmestras.fr

PYRENEES-ATLANTIQUES

- Chocolate** **Musée du Chocolat** 14, avenue Beau Rivage – 64200 Biarritz Tel.: +33 (0)5 59 41 54 64 – Fax: +33 (0)5 59 41 54 65



Gourmet events

JULY

- Oyster Fêtes** **Lanton, Lège-Cap-Ferret, Arcachon, Andernos-les-Bains (33)** Tasting, dancers, musicians, fairground attractions. . . (cf. useful addresses).

- Tuna Fête / Saint-Jean-de-Luz (64)** Tasting, groups, musicians, singers, public dances. . . (cf. useful addresses).

- Squid Fête / Hendaye (64)** Squid is part of the traditional cuisine of the coast. Tasting, groups, Basque songs, folk, toro de fuego (cf. useful addresses).

AUGUST

- Oyster Fêtes / Gujan-Mestras, Arès (33)** Tasting, dancers, musicians, fairground attractions. . . (cf. useful addresses).

SEPTEMBER

- Fête du Toro / Saint-Jean-de-Luz (64)** Fish Stew (Basque speciality). Folk parade, groups, toro de fuego. . . (cf. useful addresses).



Traditional celebrations

List of the main traditional fêtes. For full information on fêtes and events, consult the local Tourist Boards (cf. useful addresses).

JANUARY

- Fête de La Bixintxo / Hendaye (64)** Every January, Hendaye celebrates its Patron Saint Vincent (Bixintxo comes from the Basque forename “Bixente”, meaning Vincent). Parade of children dressed up as pirates to symbolise the last Hendaye pirate, Etienne Pellot. Omelette competition, Basque wedding, Basque songs. Tel.: +33 (0)5 59 20 00 34

MARCH

- Basque Fête Bi Harriz Lau Xori / Biarritz (64)** Traditional songs and dances, conferences devoted to the Basque language and heritage over one week. Tel.: +33 (0)5 59 22 37 00

APRIL

- Basque pelota “Golden Gloves” / Biarritz (64)** In homage to the tradition in the United States by which the winner is given a small golden glove, 24 years ago Biarritz Athletic Club created the Gant d’Or de Cesta Punta, a treat for specialists and newcomers alike. Tel.: +33 (0)5 59 22 37 00

JUNE

- Kantuaren Eguna / Saint-Jean-de-Luz (64)** Traditional and folk songs. Tel.: +33 (0)5 59 26 03 16

JULY

- Biarritz Masters: Cesta Punta pelota Jai Alai / Biarritz (64)** International Cesta Punta Basque pelota competition. This event brings together the top players from around the world. Cesta punta, a variant on Basque pelota, is the world’s fastest ball game. Tel.: +33 (0)5 59 22 37 00

SEPTEMBER

- Basque Corsairs Fête Saint-Jean-de-Luz (64)** The brotherhood of Basque Country “corsairs” organises races of “trainières” – whale-hunting boats. Tel.: +33 (0)5 59 26 03 16

In the country

and in our charming villages



Discover a world of hills and valleys, vineyards and forests, villages and bastide towns with their peaceful charm. Stroll around the quiet squares, enjoy the thousand and one flavours and colours of the markets, admire the ancient stone of castles and Romanesque churches, or take in all the beauty of nature by wandering along country paths, rivers and canals.

Fishing

Guide available from the various local fishing federations.

DORDOGNE

- **Fédération de Dordogne pour la Pêche et la Protection du Milieu Aquatique**
16, rue des Prés – 24000 Périgueux
Tel.: +33 (0)5 53 06 84 20 – Fax: +33 (0)5 53 06 84 29
Federation.Peche.24@wanadoo.fr
www.club-halieuatique.com

GIRONDE

- **Fédération Départementale des Associations Agréées pour la Pêche et la Protection du Milieu Aquatique de la Gironde**
299, cours de la Somme – 33800 Bordeaux
Tel.: +33 (0)5 56 92 59 48 – Fax: +33 (0)5 56 92 23 12
FEDE-PECHE-GIRONDE@wanadoo.fr
www.club-halieuatique.com

LANDES

- **Fédération des Landes pour la Pêche et la Protection du Milieu Aquatique**
102, allées Marines – 40400 Tartas
Tel.: +33 (0)5 58 73 43 79 – Fax: +33 (0)5 58 73 31 63
www.club-halieuatique.com

LOT-ET-GARONNE

- **Fédération de Lot-et-Garonne pour la Pêche et la Protection du Milieu Aquatique**
44, cours du 9^e de ligne – BP 225 – 47006 Agen Cedex
Tel.: +33 (0)5 53 66 16 68 – Fax: +33 (0)5 53 66 68 92
Federation.Peche.47@wanadoo.fr – www.peche47.com

PYRENEES-ATLANTIQUES

- **Fédération des Pyrénées-Atlantiques pour la Pêche et la Protection du Milieu Aquatique**
12, boulevard Hauterive – 64000 Pau
Tel.: +33 (0)5 59 84 98 50 – Fax: +33 (0)5 59 84 98 54
www.club-halieuatique.com

River tourism

“Rivières et Canaux du Midi” brochure available at the Aquitaine Regional Tourist Board (cf. useful addresses).

Spas

“Votre santé prend forme en Aquitaine” brochure available at the Aquitaine Regional Tourist Board (cf. useful addresses).

Aquatic parks

DORDOGNE

- **Aqua Park Junior Land**
4 pools with water slides and direct access to the river for canoe trips. Many activities on site
Route de Bordeaux – 24100 Bergerac
Tel./Fax: +33 (0)5 53 58 33 00

Vinothérapie

A centre unique in the world, combining the virtues of natural spring water and vine and grape extracts to combat ageing.

- **Les Sources de Caudalie**
Chemin de Smith Haut Laffite – 33650 Martillac
Tel.: +33 (0)5 57 83 11 26 – Fax: +33 (0)5 57 83 11 20
sources@sources-caudalie.com – www.sources-caudalie.com

Naturism

“Naturism” brochure available at the Regional Tourist Board. Further practical information can be obtained from the Tourist Boards of Gironde, Dordogne, Lot-et-Garonne and Les Landes (cf. useful addresses).

DORDOGNE

- **Lalurie-en-Périgord**
Lalurie – 24330 La Douze
Tel.: +33 (0)5 53 06 74 00 – Fax: +33 (0)5 53 06 77 55
toutain@lalurie.com – www.lalurie.com

- **Domaine de Chaudeau**
24700 Géraud de Corps
Tel.: +33 (0)5 53 82 49 64 – Fax: +33 (0)5 53 81 18 94

- **Le Cro-Magnon**
Domaine Naturiste
BP 5 – Allas-Les-Mines – 24220 Beynac
Tel.: +33 (0)5 53 29 13 70 – Fax: +33 (0)5 53 29 15 79
cro.magnon@perigord.com – www.naturiste-cro-magnon.com

- **Terme d'Astor**
Camping et Terrain Naturiste
Saint-Avit-Rivière – 24480 Bouillac
Tel.: +33 (0)5 53 63 24 52 – Fax: +33 (0)5 53 63 25 43
termedastor@naturent.demon.nl – www.termedastor.com

- **Le Couderc**
Centre Naturiste de Vacances – 24440 Naussannes
Tel.: +33 (0)5 53 22 40 40 – Fax: +33 (0)5 53 23 90 98
lecouderc@perigord.com

GIRONDE

- **Euronat**
Centre de vacances – 33590 Graysan-l'Hôpital
Tel.: +33 (0)5 56 09 33 33 – Fax: +33 (0)5 56 09 30 27
info@euronat.fr – www.euronat.fr

LOT-ET-GARONNE

- **Domaine Laborde**
Centre de vacances
Paulhiac – 47150 Monflanquin
Tel.: +33 (0)5 53 63 14 88 – Fax: +33 (0)5 53 61 60 23
www.domaine.laborde.com

- **Aire naturelle Le Pepsy**
Gardelle – Le Laussou – 47150 Monflanquin
Tel.: +33 (0)5 53 36 51 49

Further information:

- **Fédération Française de Naturisme**
Délégation Régionale d'Aquitaine
Arnaoutchot – 40560 Vielle-Saint-Girons
Tel.: +33 (0)5 58 49 11 11 – Fax: +33 (0)5 58 48 57 12
contact@arna.com – www.arna.com

- **Fédération Française de Naturisme**
65, rue de Tocqueville – 75017 Paris
Tel.: +33 (0) 1 47 64 32 82 – Fax: +33 (0) 1 47 64 32 63
www.ffn-naturisme.com

Natural parks

DORDOGNE

- **Parc Naturel Régional Périgord-Limousin**
24300 Abjat-sur-Bandiat
Tel.: +33 (0)5 53 60 34 65 – Fax: +33 (0)5 53 60 39 13
info@pnrpl.com – www.perigord.tm.fr

LANDES

- **Parc Naturel Régional des Landes de Gascogne**
33, route de Bayonne – 33830 Belin-Beliet
Tel.: +33 (0)5 57 71 99 99 – Fax: +33 (0)5 56 88 12 72
info@parc-landes-de-gascogne.fr
www.parc-landes-de-gascogne.fr

Things to do/see:

- **Centre d'animation du Graoux**
31, route du Graoux – 33830 Belin Beliet
Tel.: +33 (0)5 57 71 99 29 – Fax: +33 (0)5 57 71 99 20
centre-graoux@parc-landes-de-gascogne.fr

- **Atelier Gîte de Saugnac**
Le Bourg – 40140 Saugnac et Muret
Tel.: +33 (0)5 58 07 73 01 – Fax: +33 (0)5 58 07 72 71
atelier-gite@wanadoo.fr

- **Grande Lande eco-museum**
Luxey: Resin products workshop.
Moustey: Museum of popular beliefs and religious heritage.
Sabres: Quartier Marquéeze
Route de Solférimo – 40630 Sabres
Tel.: +33 (0)5 58 08 31 31 – Fax: +33 (0)5 58 07 56 85
ecomusee-marqueeze@parc-landes-de-gascogne.fr
www.parc-landes-de-gascogne.fr

Walks

DORDOGNE

- **Comité Départemental de la Randonnée Pédestre de la Dordogne**
46, rue Kleber – 24000 Périgueux
Tel.: +33 (0)5 53 45 51 21
randos-24.chez.tiscali.fr

GIRONDE

- **Comité Départemental de la Randonnée Pédestre de Gironde**
Maison des Sports – 119, Boulevard Wilson – 33200 Bordeaux
Tel.: +33 (0)5 56 00 99 26

LANDES

- **Comité Départemental de la Randonnée Pédestre des Landes**
Mairie de Narrosse – 40180 Narrosse
Tel.: +33 (0)5 58 90 12 84 – Fax: +33 (0)5 58 74 66 30
cdrp.40@wanadoo.fr – www.cdrp40-asso.fr

LOT-ET-GARONNE

- **Comité Départemental de la Randonnée Pédestre de Lot-et-Garonne**
(and Comité Régional de la Randonnée Pédestre d'Aquitaine)
4, rue André-Chéniers – 47000 Agen
Tel.: +33 (0)5 53 48 03 41 – Fax: +33 (0)5 53 68 25 42
cdrp47@cdrp47.asso.fr – www.cdrp47.asso.fr

Cycling

Brochures with maps and circuits are available from the local Tourist Boards.

The brochure “A vélo”, offering a selection of circuits, is available from the Aquitaine Regional Tourist Board (cf. useful addresses).

Horse riding

The brochure “A cheval” is available from the Aquitaine Regional Tourist Board (cf. useful addresses).

- **Comité Régional de Tourisme Equestre de Randonnée et d'Équitation de Loisirs**
Hippodrome du Bouscat – BP 95 – 33492 Le Bouscat Cedex
Tel.: +33 (0)5 56 28 01 48 / +33 (0)5 53 48 02 28
Fax: +33 (0)5 56 16 26 55 / +33 (0)5 53 69 44 75

DORDOGNE

- **Comité Départemental de Tourisme Equestre de la Dordogne**
25, rue Wilson – BP 2063 – 24002 Périgueux Cedex
Tel.: +33 (0)5 53 35 50 24 – Fax: +33 (0)5 53 09 51 41
cdte24@ffe.com

GIRONDE

- **Comité Départemental de Tourisme Equestre de Gironde**
Maison des Sports de la Gironde
153, rue David-Johnston – 33000 Bordeaux
Tel.: +33 (0)5 56 00 99 28 – Fax: +33 (0)5 57 51 55 53

LANDES

- **Comité Départemental de Tourisme Equestre des Landes**
Chambre d'Agriculture – S.U.A.Tourisme
Cité Galliane – BP 279 – 40005 Mont-de-Marsan Cedex
Tel.: +33 (0)5 58 85 44 43 – Fax: +33 (0)5 58 85 44 45

LOT-ET-GARONNE

- **Comité Départemental de Tourisme Equestre de Lot-et-Garonne**
Maison des Sports – 7, rue Etienne-Dolet – 47000 Agen
Tel.: +33 (0)5 53 48 02 28 – Fax: +33 (0)5 53 69 44 75

PYRENEES-ATLANTIQUES

- **Comité Départemental de Tourisme Equestre des Pyrénées-Atlantiques**
Haras Nationaux de Pau
Rue du Maréchal Leclerc – 64110 Gelos
Tel.: +33 (0)5 59 35 01 35 – Fax: +33 (0)5 59 06 03 97
www.tourisme64.com

Golf

The brochure “Golf” (in French and English) is available from the Aquitaine Regional Tourist Board (cf. useful addresses).

Theme parks

List not comprehensive. Further information from the local Tourist Boards (cf. useful addresses).

DORDOGNE

- **Le Paradou**
Nautical and leisure activities: lake for swimming and fishing, 2 panoramic water slides, “wild west” train, trampolines, formula 1 circuit...
24410 Parcoul
Tel.: +33 (0)5 53 91 42 78 – Fax: +33 (0)5 53 90 49 92
www.leparadou.fr
Open from 01/06 to 15/09.

- **Aquarium du Périgord Noir**
Europe's biggest private aquarium.
Easy access for the handicapped.
BP 31 – 24260 Le Bugue-sur-Vézère
Tel.: +33 (0)5 53 07 10 74 – Fax: +33 (0)5 53 07 69 07
www.parc-aquarium.com
Open from 15/02 to 15/11.

- **La Ferme Jacquou**
La Menuse
D 710 Mortemart – 24260 Le Bugue-sur-Vézère
Tel.: +33 (0)5 53 54 15 57 – Fax: +33 (0)5 53 03 29 07
Open from 01/04 to 30/09.

- **Musée Aquarium de la rivière Dordogne**
24100 Creysse
Tel. / Fax: +33 (0)5 53 23 20 45
Closed on Mondays.

- **Indian Forest Perigord**
Adventure trail in the forest.
SLM – Manoir de la Feuillade – 24200 Carsac Sarlat
Tel.: +33 (0)5 53 31 22 22
manoir.la.feuillede@wanadoo.fr
www.perigord.com/manoir.la.feuillede
Open from 01/07 to 31/08.

LANDES

- **Ganaderia de Malabat**
Initiation into the techniques of breeding “Course Landaise” cows and the subtleties of this Gascony sport.
Gouhuron – 40420 Brocas-les-Forges
Tel. / Fax: +33 (0)5 58 51 64 01
Open all year round.

- **Ganaderia de Buros**
Wild cattle on a 130-hectare site, walks, lakes and arenas.
Buros – 40310 Escalans
Tel.: +33 (0)5 58 44 92 50 – Fax: +33 (0)5 58 44 36 57
barrere.jean@free.fr – www.ifrance.com/ganaderia-buros
Open from 15/07 to 15/09 every day from 2.30 pm.

- **Mes ânes**
808, route de Constantine – 40990 Mees
Tel.: +33 (0)5 58 97 48 87
mesanes@wanadoo.fr – www.mesanes.com
Open all year round.

- **Moulin de Poyaller**
Park of stag and deer, kangaroo park.
La Gouanogue River (boat trips).
40250 Mugron
Tel. / Fax: +33 (0)5 58 97 95 72 / 06 87 86 96 26
www.asml.cjbn.net

LOT-ET-GARONNE

- Asinerie de Pinseguerre**

47330 Castillonès

Tel.: +33 (0)5 53 36 92 35 – Fax: +33 (0)5 53 36 89 07

www.pinseguerre.com

Open all year round.

- Dedal’prune**

Maze. 15 000 m² of twists and turns in a maze of corn.

Domaine de Gabach – 47260 Grange-sur-Lot

Tel.: +33 (0)5 53 84 00 69 – Fax: +33 (0)5 53 84 03 83

Open from 01/07 to 30/09.

- P’Arc en Ciel**

Leisure/nature park covering 14 hectares.

Moulin de Courrance – 47150 Lacapelle-Biron

Tel.: +33 (0)5 53 71 84 58 – Fax: +33 (0)5 53 71 84 13

www.parc-en-ciel.com

Open from 01/04 to 31/10.

- Walibi Aquitaine**

Amusement park.

Château de Caudouin – 47310 Roquefort

Tel.: +33 (0)5 53 96 58 32 – Fax: +33 (0)5 53 96 58 47

www.six.flagseurope.com

Open from 01/04 to 31/10.

PYRENEES-ATLANTIQUES

- La Cité des Abeilles**

Chemin des Crêtes – 64110 Saint-Faust

Tel.: +33 (0)5 59 83 10 31 – Fax: +33 (0)5 59 83 03 80

Open every afternoon in season.

- La Saligue aux Oiseaux**

Open space for wild birds.

Ornithological park (museum, marshland, discovery trail).

Exhibitions and large collection of naturalised birds.

64300 Biron

Tel.: +33 (0)5 59 67 14 22 – Fax: +33 (0)5 59 67 14 18

www.lasaligueauxoiseaux.com

Open all year round.

- La Maison du Pottok**

64780 Bidarray

Tel.: +33 (0)5 59 52 21 14 / 06 73 17 28 45

pottok@aol.com – www.maisondupottok.com

Open from 30/06 to 01/09.

- Parc Animalier “Etxola”**

More than 300 household pets.

Route de Lizarrieta – 64310 Sare

Tel.: 06 15 06 89 51

Open all year round.

- Zoo d’Asson**

Kangaroo park.

64800 Asson

Tel. +33 (0)5 59 71 03 34 – Fax: +33 (0)5 59 71 01 55

Open all year round.

Urban and sightseeing trains

DORDOGNE

- Petit Train Dommois**

Visit of the town, the ramparts and, on request, the outlet of the caves.

24250 Domme

Tel.: +33 (0)5 53 28 21 16 ou 06 07 02 98 66 – Fax: +33 (0)5 53 28 18 60

www.parc-josephine-baker.com

Open all year round.

- Le Cromignon**

Visit of the town with a stop-off at the Grand-Roc cave.

45-min guided tour.

24620 Les Eyzies-de-Tayac

Tel. / Fax: +33 (0)5 53 06 93 11

les.eyzies@perigord.tm.fr

GIRONDE

- Petit Train Touristique de Guitres-Marcenais**

Guitres Marcenais in a steam or diesel train.

Gare de Guitres – 33230 Guitres

Tel.: +33 (0)5 57 69 10 69

ch.de.fer.guitres@wanadoo.fr – http://cf-guitres.rail-france.org

Sundays and bank holidays, from 01/05 to 31/10.

- Le Train des Grands Vignobles**

Guided excursion on a small sightseeing train among the vineyards and châteaux of Saint-Emilion.

Duration: 35 min.

BP 73 – 33330 Saint-Emilion

Tel.: +33 (0)5 57 51 30 71 – Fax: +33 (0)5 57 51 01 99

faniest@archimedia.fr – www.visite-saint-emilion.com

From 01/04 to 30/10.

LANDES

- Train de Marquèze**

Every day the train takes visitors to the Grande Lande eco-museum.

Visits last 1 - to 2 hours, with commentaries for 1 hour.

Ecomusée de la Grande Lande

Gare – Route de Solférino – 40630 Sabres

Tel.: +33 (0)5 58 08 31 37 (reservations) – Fax: +33 (0)5 58 07 56 85

ecomusee-marqueze@parc-landes-de-gascogne.fr

www.parc-landes-de-gascogne.fr

From 30/03 to 30/10.

PYRENEES-ATLANTIQUES

- Le Petit Train de Saint-Jean-Pied-de-Port**

Guided tour along the Nive River and the old town.

View of the citadel. Guided tours.

Mairie – place du Général de Gaulle

64220 Saint-Jean-Pied-de-Port

Tel.: +33 (0)5 59 37 00 92 – Fax: +33 (0)5 59 37 99 78

comstjeanpieddeport@cdg-64.fr

From Easter to the All Saints school break.

Prehistoric sites

DORDOGNE

- Lascaux II**

Facsimile of Lascaux

Tel.: +33 (0)5 53 51 95 03 – Fax: +33 (0)5 53 50 82 83

semitour@perigord.tm.fr – www.perigord.tm.fr/SEMITOUR

Closed 3 weeks in January.

- Rouffignac caves**

“The cave of 100 mammoths” – visits in an electric train.

24580 Rouffignac

Tel.: +33 (0)5 53 05 41 71 – Fax: +33 (0)5 53 35 44 71

grottederouffignac@wanadoo.fr

Open from 01/04 to 01/11.

- La Madeleine**

Cave-dwellers’ village occupied since prehistoric times.

Visit of the medieval area.

24620 Tursac

Tel.: +33 (0)5 53 06 92 49 – Fax: +33 (0)5 53 46 36 88

vigerie@club-internet.fr – www.site-de-la-madeleine.com

Open all year round.

- Cap Blanc**

Prehistoric shelter: sculptures of horses, bison and reindeer; museum.

24620 Marquay

Tel.: +33 (0)5 53 59 21 74 – Fax: +33 (0)5 53 29 89 84

Open from Easter to All Saints Day.

- Castel Merle**

Deposit, sculptures, digs, museum, demonstration of flint cutting.

24290 Sergeac

Tel.: +33 (0)5 53 50 79 70 – Fax: +33 (0)5 53 50 74 79

sitedecm@aol.com – www.castelmerle.com

Open from Easter to All Saints Day.

- Le Thot**

Prehistoric art centre.

24290 Thonac

Tel.: +33 (0)5 53 50 70 44 – Fax: +33 (0)5 53 50 45 80

Open every day from 01/04 to 30/09.

- Musée National de la Préhistoire**

Archaeological collections that are unique in the world.

24260 Les Eyzies-de-Tayac

Tel.: +33 (0)5 53 06 45 45 – Fax: +33 (0)5 53 06 45 55

mnp.eyzies@culture.gouv.fr – www.dmf/mnp.com

Open all year round.

- Font de Gaume cave**

Last publicly accessible cave with polychrome paintings: bison; horses, mammoths, reindeer.

24260 Les Eyzies-de-Tayac

Reservations compulsory.

Tel.: +33 (0)5 53 06 86 00 – Fax: +33 (0)5 53 35 26 18

Open all year round on reservation.

- Abri Pataud**

Palaeolithic deposit, museum.

24620 Les Eyzies-de-Tayac

Tel. / Fax: +33 (0)5 53 06 92 46

semitour@perigord.tm.fr

Open all year round, every day in season.

- La Roque-Saint-Christophe**

Cave-dwellers’ cliff overlooking the Vézère River, inhabited for 55 000 years.

One hundred rock shelters set on five levels.

24620 Peyzac-le-Moustier

Tel.: +33 (0)5 53 50 70 45 – Fax: +33 (0)5 53 51 03 21

contact@roque-st-christophe.com

www.roque-st-christophe.com

Open every day, all year round.

- Bara-Bahau cave**

Gully cave, animal sculptures.

24260 Le Bugue

Tel. / Fax: +33 (0)5 53 07 44 58

grottedebarabahau@wanadoo.fr

Closed in January.

- Villars cave**

Prehistoric paintings, spectacular natural concretions.

24530 Villars

Tel.: +33 (0)5 53 54 82 36 – Fax: +33 (0)5 53 54 21 73

grottedevillars@wanadoo.fr

Open from 01/04 to 30/09, every day in season.

GIRONDE

- Pair Non Pair cave**

The only visitable prehistoric site in Gironde.

Many animal engravings.

33710 Prignac-et-Marcamps

Tel. / Fax: +33 (0)5 57 68 33 40

Open all year round, closed on Mondays.

LANDES

- Musée de la Préhistoire**

Exhibitions of objects from the Pape and Hyènes caves.

40330 Brassempouy

Tel.: +33 (0)5 58 89 21 73

Open all year round; every day between June and September.

PYRENEES-ATLANTIQUES

- Isturitz and Oxocelhaya cave**

Herd of reindeer engraved on a stalagmite pillar. Natural concretions.

64640 Saint-Martin-d’Arberoue

Tel.: +33 (0)5 59 29 64 72 – Fax: +33 (0)5 59 47 30 17

info@grottes-isturitz.com – www.grottes-isturitz.com

Open from 15/03 to 15/11, every day.

- Sare cave**

Natural caves.

Visits with sound and light effects, museum.

64310 Sare

Tel.: +33 (0)5 59 54 21 88 – Fax: +33 (0)5 59 54 20 69

Closed in January; open every day in season.

Natural caves

DORDOGNE

- Gouffre de Proumeyssac**

“Crystal cathedral”, crystallisations; descents in nacelles.

BP 7 – 24260 Le Bugue

Tel. / Fax: +33 (0)5 53 54 75 03

proumeyssac@perigord.com – www.perigord.com/proumeyssac/

- Domme cave**

Stalactites, stalagmites. Panoramic lift.

24250 Domme

Tel.: +33 (0)5 53 31 71 00 – Fax: +33 (0)5 53 31 71 09

Open all year round, every day from February to mid November

GIRONDE

- Célestine cave**

Unique in Gironde, underground river in the heart of the town of Rauzan and its vineyards

Tel.: +33 (0)5 57 84 08 69

grotte-celestine@wanadoo.fr

Open all year round on reservation.

LOT-ET-GARONNE

- Fontirou caves**

Natural concretions, stalagmites and stalactites.

RN 21 – 47340 Castella

Tel.: +33 (0)5 53 40 15 29 – Fax: +33 (0)5 53 41 73 97

Open from 15/04 to 15/09.

- Lastournelle caves**

Cave still in activity. Spectacular concretions.

47300 Sainte-Colombe-de-Villeneuve. On appointment.

Tel.: +33 (0)5 53 40 08 09 / 06 82 45 58 84 – Fax: +33 (0)5 53 95 93 92

Open every day from 01/04 to 31/08; open all year on Sundays or on appointment.

Heritage

DORDOGNE

- Brantôme**

Worth a visit: ancient abbey; church (12th/13th century); “Dernier Jugement” cave; Les Moines garden; botanical garden of Château de la Hierce.

Tel.: +33 (0)5 53 05 80 52 (S.I.)

- Castelnaud-la-Chapelle**

Worth a visit: 12th/14th century feudal castle and war museum.

Visits all year round.

Tel.: +33 (0)5 53 31 30 00 (Tourist Office)

www.castelnaud.com

In the area: Château des Milandes and falconry museum.

Visits all year round.

Tel.: +33 (0)5 53 59 31 21

www.milandes.com

- Eymet**

Worth a visit: Place des arcades, transom houses; 13th century castle.

Tel.: +33 (0)5 53 23 74 95 (Tourist Office)

www.eymet-en-perigord.com

- Hautefort**

Worth a visit: Château de Hautefort (Tel.: +33 (0)553 50 51 23)

Nicknamed “Chambord du Périgord”, Renaissance castle surrounded by formal gardens; medicine museum.

Tel.: +33 (0)5 53 50 40 27 (Tourist Office)

- Issigeac**

Worth a visit: Château des évêques (summer residence of the bishops of Sarlat), Maison des Têtes, Prévôté.

Tel.: +33 (0)5 53 58 79 62 (S.I.)

www.issigeac.fr

- Le Buisson-de-Cadouin**

Worth a visit: 12th century Cistercian abbey with its gothic cloister; 12th century church; velocipede museum in the former convent; pilgrimage museum; bamboo garden of Planbuisson.

Tel.: +33 (0)5 53 22 06 09 (Tourist Office)

www.dordogne-vezere.com

- Les Eyzies-de-Tayac**

Worth a visit: national prehistory museum in the former castle of the barons of Beynac; Grand-Roc and Cro-Magnon cliffs.

Tel.: +33 (0)5 53 06 97 05 (Tourist Office)

www.leseyzies.com

- Monbazillac**

Worth a visit: Château de Monbazillac. Visits all year round.

Tel.: +33 (0)5 53 61 52 52

www.chateau-monbazillac.com

- Saint-Amand-de-Coly**

Worth a visit: fortified church; Abbey (open all year round, guided tours on appointment).

Tel.: +33 (0)5 53 51 67 50 (Tourist Office)

www.saint-amand-de-coly.org

- Salignac-Eyvignes**

Worth a visit: the manor; gardens of Eyrignac.

Visits all year round.

Tel.: +33 (0)5 53 28 99 71

www.eyrignac.com

- Terrasson-la-Villedieu**

Worth a visit: the “Jardins de l’Imaginaire” gardens.

Tel.: +33 (0)5 53 50 37 56 (Tourist Office)

www.ville-terrasson.com

Open from 01/04 to 30/10.

- Thonac**

Worth a visit: church with big bell-tower.

In the area, Château de Losse (Tel.: +33 (0)553 50 80 08); Le Thot prehistoric art centre, museum and park.

- Vézac**

Worth a visit: in the area, Château de Marqueyssac, famous for its gardens.

Visits all year round.

Tel.: +33 (0)5 53 31 36 36

www.marqueyssac.com

Château La Malartrie (Tel. Mairie : +33 (0)5 53 29 50 25)

- Villefranche-du-Périgord**

Worth a visit: Tour des Consuls; 13th century market square; 13th and 14th century houses; Maison du Châtaignier, des Marrons et des Champignons eco-museum.

Tel.: +33 (0)5 53 29 98 37 (Tourist Office)

www.pays-des-bastides.com

GIRONDE

- Bazas**

Worth a visit: Saint-Jean-Baptiste 13th and 14th century cathedral; remains of ramparts, 15th century Porte du Gisquet, houses with gothic and Renaissance facades; history museum.

Tel.: +33 (0)5 56 25 25 84 (Tourist Office)

www.ville-bazas.fr

- Blaye**
Worth a visit: Vauban citadel; estuary conservatory museum; vestiges of a Roman villa; panoramic view over the Gironde estuary. Tel.: +33 (0)5 57 42 12 09 (Tourist Office) www.blaye.net

- Blasimon**
Worth a visit: abbey (12th and 13th centuries) . Tel.: +33 (0)5 56 71 89 86 (Tourist Office)

- Bourg-sur-Gironde**
Worth a visit: Gallo-Roman ruins, 13th/16th century port, 17th century castle of the citadel; Terrasse du District with a view over the Dordogne and Gironde rivers; Le Bourgeois eco-museum; Hippomobile museum. Tel.: +33 (0)5 57 68 31 76

- Cadillac**
Worth a visit: Château des Ducs d’Epernon. Tel.: +33 (0)5 56 62 12 92 (Tourist Office) www.entredeuxmers.com

- Castelmoron d’Albret**
Smallest village in France. Worth a visit: in the area, Saint-Ferme abbey. Tel.: +33 (0)5 56 71 52 98 (mairie)

- Castillon-la-Bataille**
Worth a visit: remains of the fortifications of the town and castle; sound and light show with a reconstruction of the “Battle of Castillon” each summer. Tel.: +33 (0)5 57 40 27 58 (Tourist Office) www.BatailleDeCastillon.com

- La Sauve**
Worth a visit: La Sauve-Majeure abbey (11th century) Tel.: +33 (0)5 56 23 01 55 www.monum.fr

- Mazères**
Worth a visit: Château de Roquetaillade. Visits in season and school holidays. Tel.: +33 (0)5 56 76 14 16

- Monségur**
Worth a visit: square with open galleries, archways and Baltard market; medieval houses. Tel.: +33 (0)5 56 61 89 40 (Tourist Office) www.entredeuxmers.com

- Préchac**
Worth a visit: Château de Cazeneuve. Tel.: +33 (0)5 56 25 31 39 (Villandraut Tourist Office)

- Saint-Emilion**
Worth a visit: 7th / 12th century monolithic church; Ermitage cave; 13th century Chapelle de la Trinité; Les Cordeliers cloister. Site listed as world heritage by UNESCO. Tel.: +33 (0)5 57 55 28 28 (Tourist Office) www.saint-emilion-tourisme.fr

- Saint-Macaire**
Worth a visit: ramparts; Place du Mercadiou; In the area, Verdelais basilica; Château Malromé in Saint-André-du-Bois, residence of the artist Toulouse-Lautrec. Tel.: +33 (0)5 56 63 32 14 (Tourist Office) www.haut-entre-deux-mers.fr

- Sainte-Foy-la-Grande**
Worth a visit: covered market; 13th century gothic church; 15th and 17th century medieval half-timbered dwellings; Charles museum; river transport museum. Tel.: +33 (0)5 57 46 03 00 www.paysfoyen.com

- Sauveterre-de-Guyenne**
Tel.: +33 (0)5 56 71 53 45 www.entredeuxmers.com

- Vayres**
Worth a visit: Château de Vayres. Tel.: +33 (0)5 57 84 96 59

- Villandraut**
Worth a visit: authentic medieval castle. Tel.: +33 (0)5 56 25 87 57 www.asso-adichats.com Closed in January.

LANDES

- Aire-sur-l’Adour**
Worth a visit: Sainte-Quitterie church, listed as world heritage by UNESCO. Tel.: +33 (0)5 58 71 64 70 (Tourist Office)

- Amou**
Worth a visit: 14th century Romanesque church; remains of ramparts; 17th century castle, seigniorial residence; Plantarium, landscaped botanical garden. Tel.: +33 (0)5 58 89 02 25 (Tourist Office) www.tourisme.fr/office-de-tourisme/amou.htm

- Eugénie-les-Bains**
Station thermale Worth a visit: Second Empire exotic park. Tel.: +33 (0)5 58 51 13 16 (Tourist Office) www.ville-eugenie-les-bains.fr

- Grenade-sur-l’Adour**
Tel.: +33 (0)5 58 45 45 98 (Tourist Office) www.tourismegrenadois.com Not far from Grenade-sur-l’Adour: Geaune bastide.

- Hagetmau**
Worth a visit: Saint-Girons crypt, 12th century. Tel.: +33 (0)5 58 79 38 26

- La Bastide-d’Armagnac**
Worth a visit: half-timbered houses; Place Royale. Nearby: Saint-Justin bastide. Tel.: +33 (0)5 58 44 67 56 (Tourist Office) www.labastide-d-armagnac.com

- Monfort-en-Chalosse**
Worth a visit: Romanesque church; Chalosse museum; reconstruction of daily domestic life in 19th century Chalosse. Tel.: +33 (0)5 58 98 58 50 (Tourist Office) www.monfort-en-chalosse.com

- Peyrehorade**
Worth a visit: 11th century feudal motte castle; ruins of Aspremont castle; Castle of the viscounts of Orthe. Tel.: +33 (0)5 58 73 00 52 (Tourist Office)

- Sabres**
Worth a visit: Grande Lande eco-museum in Marquèze; church with bell-tower of Romanesque origin (11th century); ancient half-timbered houses. Tel.: +33 (0)5 58 08 31 37 (Tourist Office)

- Saint-Sever**
Worth a visit: 13th / 17th century Jacobin convent; 11th century Benedictine Romanesque church; archaeological museum; Gallo-Roman villa. Tel.: +33 (0)5 58 76 34 64

- Samadet**
Worth a visit: fine china and table arts museum. Tel.: +33 (0)5 58 79 13 00 www.museesamadet.org Open all year round except Monday.

- Saint-Sever**
Worth a visit: 13th / 17th century Jacobin convent; 11th century Benedictine Romanesque church; archaeological museum; Gallo-Roman villa. Tel.: +33 (0)5 58 76 34 64

LOT-ET-GARONNE

- Fumel**
Worth a visit: the castle Tel.: +33 (0)5 53 71 90 33 www.fumel.fr Open from 01/02 to 30/11.

- Castillonès**
Worth a visit: vestiges of the 13th century abbatial house; square with arches around it. Tel.: +33 (0)5 53 36 87 44 (Tourist Office) www.castillonestourisme.com

- Duras**
Worth a visit: square with arches; Dukes castle and museum; clock-tower; Parchment and Illumination Museum; stained glass workshop. Tel.: +33 (0)5 53 93 71 18 (Tourist Office) www.paysdeduras.com

- Nérac**
Worth a visit: Castle of Henri IV – 15th and 16th centuries – and its museum; royal park of La Garenne. Tel.: +33 (0)5 53 65 27 75 (Tourist Office) www.ville-nerac.fr

- Penne-d’Agenais**
Worth a visit: beautiful residences with varied architecture, history museum. Tel.: +33 (0)5 53 41 37 80 (Tourist Office) www.ville-pennedagenais.fr

- Poudenas**
Worth a visit: the castle and its rich Italian furniture. Tel.: +33 (0)5 53 65 78 86 Open from 14 July to 31 August, 3 pm to 6 pm except Mondays. Groups on appointment all year round.

- Tournon-d’Agenais**
Worth a visit: belfry, 13th century house; 12th / 14th century Saint-André-de-Carabaisse church, murals. Tel.: +33 (0)5 53 40 75 82 (Tourist Office)

- Vianne**
Worth a visit: 1250 m of ramparts, walkway, defence towers; crystal and glasswork (Ecole de Nancy); 12th century Romanesque church. Tel. / Fax: +33 (0)5 53 65 29 54

- Villeneuve-sur-Lot**
Worth a visit: Place La Fayette, surrounded by arches; half-timbered houses; Pont Vieux built in the 13th century under English occupation. Tel.: +33 (0)5 53 36 17 30 (Tourist Office) www.ville-villeneuve-sur-lot.fr

- Villereal**
Worth a visit: fortified church with square towers, timber market, Rue Saint-Roch. Tel.: +33 (0)5 53 36 09 65 (Tourist Office) www.aavie.com/villereal

- Villeréal**
Worth a visit: fortified church with square towers, timber market, Rue Saint-Roch. Tel.: +33 (0)5 53 36 09 65 (Tourist Office) www.aavie.com/villereal

PYRENEES-ATLANTIQUES

- Espelette**
Town of red chilli pepper. Worth a visit: Saint-Etienne church (17th century), Renaissance porch and bell tower, Baroque retable; 14th/17th century castle. Tel.: +33 (0)5 59 93 95 02 (Tourist Office) www.espelette.com

- Lescar**
Worth a visit: 12th century Romanesque cathedral Tel.: +33 (0)5 59 8115 98 (Tourist Office) www.mairie-lescar.fr

- Nay**
Worth a visit: Jeanne d’Albret house, Florentine type building; beret museum; last manufacturer of cowbells. Tel.: +33 (0)5 59 61 34 61 (Tourist Office) www.ot-nay.fr

- Orthez**
Worth a visit: Jeanne d’Albret house (late 15th century); Château Moncade (13th century), residence of Gaston Fébus; Béarn Protestantism museum. Tel.: +33 (0)5 59 69 02 75 (Tourist Office) www.bearn-gaves.com

- Orthez**
Worth a visit: Jeanne d’Albret house (late 15th century); Château Moncade (13th century), residence of Gaston Fébus; Béarn Protestantism museum. Tel.: +33 (0)5 59 69 02 75 (Tourist Office) www.bearn-gaves.com

- Saint-Jean-Pied-de-Port**
Worth a visit: 15th century ramparts; Vauban’s citadel. Tel.: +33 (0)5 59 37 03 57 (Tourist Office) www.terre-basque.com

- Saint-Jean-Pied-de-Port**
Worth a visit: 15th century ramparts; Vauban’s citadel. Tel.: +33 (0)5 59 37 03 57 (Tourist Office) www.terre-basque.com

The most beautiful villages in France

- Saint-Jean-Pied-de-Port**
Worth a visit: 15th century ramparts; Vauban’s citadel. Tel.: +33 (0)5 59 37 03 57 (Tourist Office) www.terre-basque.com

- Belvès**
Worth a visit: belfry and 6th century castrum, dolmens, dovecotes, cave dwellings. Tel.: +33 (0)5 53 29 10 20 (Tourist Office) www.perigord.com

- Beynac-et-Cazenac**
Worth a visit: Tour of the convent, dovecote, former wash-house (remains), prehistory museum and archaeology park. Tel.: +33 (0)5 53 29 43 08 (Tourist Office) www.perigord.tm.fr

- Domme**
Worth a visit: ramparts, Porte des Tours; Hôtel du Gouverneur; Hôtel de la Monnaie; exceptional panorama; natural cave; museum of art and popular traditions. Tel.: +33 (0)5 53 31 71 00 (Tourist Office) www.domme-tourisme.com

- Domme**
Worth a visit: ramparts, Porte des Tours; Hôtel du Gouverneur; Hôtel de la Monnaie; exceptional panorama; natural cave; museum of art and popular traditions. Tel.: +33 (0)5 53 31 71 00 (Tourist Office) www.domme-tourisme.com

- La Roque-Gageac**
Worth a visit: 16th/17th century church on a cliff-top; troglodyte fort; panorama over the river; exotic garden around the church. Tel.: +33 (0)5 53 29 17 01 (Tourist Office) www.la-roque-gageac.com

- La Roque-Gageac**
Worth a visit: 16th/17th century church on a cliff-top; troglodyte fort; panorama over the river; exotic garden around the church. Tel.: +33 (0)5 53 29 17 01 (Tourist Office) www.la-roque-gageac.com

- Limeuil**
Worth a visit: castle parkland with panorama over the river; three 14th century doors; six gardens retracing the history of humanity. Tel.: +33 (0)5 53 63 38 90

- Monpazier**
Worth a visit: central square, houses; 14th century “Maison du Chapitre”; 13th/14th century church. Tel.: +33 (0)5 53 22 68 59 (Tourist Office) www.pays-des-bastides.com

- Monpazier**
Worth a visit: central square, houses; 14th century “Maison du Chapitre”; 13th/14th century church. Tel.: +33 (0)5 53 22 68 59 (Tourist Office) www.pays-des-bastides.com

- Saint-Jean-de-Côle**
Worth a visit: Château de la Marthonie, 15th and 16th century; Romano-Byzantine church (late 11th century); 12th / 15th century houses; Romanesque bridge. Tel.: +33 (0)5 53 62 14 15 (Tourist Office) ww.ville-de-saint-jean-de-cole.fr

- Saint-Léon-sur-Vézère**
Worth a visit: 12th century Romanesque church with lauze roof; Château de Clérans, 16th century; Manoir de la Salle. Tel.: +33 (0)5 53 50 73 16 (Tourist Office) www.saint-leon-sur-vezere.fr

LOT-ET-GARONNE

- Monflanquin**
Worth a visit: 12th/15th century church; square lined with arches; “Maison du Prince Noir”. Tel.: +33 (0)5 53 36 40 19 (Tourist Office) www.cc-monflanquin.fr

- Pujols**
Worth a visit: half-timbered houses, ramparts, fortified gateway. Tel.: +33 (0)5 53 36 78 69 (Tourist Office) www.otpujols47

PYRENEES-ATLANTIQUES

- Ainhoa**
Worth a visit: 14th century church. Tel.: +33 (0)5 59 29 92 60 (town hall) www.saintjeandeluz.com

- La Bastide-Clairence**
Worth a visit: half-timbered walls; square with arches; church; crafts. Tel.: +33 (0)5 59 29 65 05 (Tourist Office) www.labastideclairence.com

- Sare**
Tel.: +33 (0)5 59 54 20 14 (Tourist Office) www.sare.fr

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Tel.: +33 (0)5 59 54 20 14 (Tourist Office) www.sare.fr

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Tel.: +33 (0)5 59 54 20 14 (Tourist Office) www.sare.fr

- Sare**
Tel.: +33 (0)5 59 54 20 14 (Tourist Office) www.sare.fr

- Sare**
Tel.: +33 (0)5 59 54 20 14 (Tourist Office) www.sare.fr

- Chestnuts**
- La Maison du Chataigner**
Rue Notre-Dame 24550 Villefranche du Périgord Tel : +33 (0)5 53 29 98 37 – Fax: +33 (0)5 53 30 40 12

- Walnuts**
- Ecomusée de la Noix et du Noyer du Périgord**
Ferme de Vielcroze 24250 Castelnaud-La-Chapelle Tel.: +33 (0)5 53 59 69 63 – Fax: +33 (0)5 53 28 59 34 museenoix@aol.com www.roussinternet.com/museenoix

- Walnuts**
- La Maison de la Noix en Pays des Bastides à Molières**
Tel.: +33 (0)5 53 58 13 72 – Fax: +33 (0)5 53 58 10 59

- Apples**
- Maison de la Pomme**
Place T.-R.-Bugeaud 24270 Lanouaille Tel.: +33 (0)5 53 62 17 82 – Fax: +33 (0)5 53 62 81 20

- Truffles**
- Ecomusée de la Truffe**
Le Bourg 24420 Sorges Tel.: +33 (0)5 53 05 90 11 – Fax: +33 (0)5 53 46 71 43 si.sorges@wanadoo.fr www.sorges-perigord.com

GIRONDE

- La Maison Blanchez**
Manufacture of macaroons (small cakes), visits on appointment. 9, rue Guadet 33330 Saint-Emilion Tel.: +33 (0)5 57 24 72 33 – Fax: +33 (0)5 57 24 61 70

Ancient vegetables

- Oh ! Légumes Oubliés** Guided or non-guided tours with tasting session. Château de Belloc 33670 Sadirac Tel.: +33 (0)5 56 30 62 00 – Fax: +33 (0)5 56 30 60 30 blafon@ohlegumesoublies.com www.ohlegumesoublies.com

Jams

- Le jardin Fruitier de La Brède** Feytau – Chemin de Mons 33650 La Brède Tel.: +33 (0)5 56 20 22 29 – Fax: +33 (0)5 56 85 20 44

LANDES

Foie gras

- Le Pavillon du Foie Gras « Labeyrie »** Site d'accueil et de découverte. Saint-Geours de Marenne 40235 Saint-Vincent-de-Tyrosse Cedex Tel.: +33 (0)5 58 56 73 00 – Fax: +33 (0)5 58 57 30 41

Maize

- Musée de la Vie Rurale en Pays Landais** Permanent exhibition on how maize used to be grown. 40465 Lалуque Tel : +33 (0)5 58 91 50 43 – Fax: +33 (0)5 58 57 20 47

LOT-ET-GARONNE

Foie gras

- Musée du Foie Gras** Visits with video and tasting. Production of foie gras. 47140 Frespech Tel.: +33 (0)5 53 41 23 24 – Fax: +33 (0)5 53 41 31 90 souleilles@terre-net.fr

Ancient fruits

- Conservatoire Végétal Régional d’Aquitaine** 47130 Montesquieu Orchard with ancient varieties; nursery; exhibition; tasting, courses. Tel.: +33 (0)5 53 47 29 14 – Fax: +33 (0)5 53 95 26 67 www.conservatoirevegetal.com

Honey

- Musée de l’Abeille** 47230 Xaintrailles Tel.: +33 (0)5 53 65 90 26 – Fax: +33 (0)5 53 97 08 02

Prunes

- Musée du Pruneau Gourmand** Museum, demonstrations, tasting. Domaine du Gabach 47260 Granges-sur-Lot Tel.: +33 (0)5 53 84 00 69 – Fax: +33 (0)5 53 84 03 83

PYRENEES-ATLANTIQUES

Jams

- Itxassou black cherries** 1300 cherry trees in Itxassou to make this delicious jam.

- Musée de la Confiture et de la Confiserie** Visit of workshops. Féerie Gourmande. Route de Nay D 37 – 64110 Uzos Tel.: +33 (0)5 59 35 05 56 – Fax: +33 (0)5 59 35 08 40 www.feerie-gourmande.com

Foie Gras

- Musée du Foie Gras** 177, rue des Pyrénées – Rond-Point Monplaisir 64800 Bénéjacq Tel.: +33 (0)5 59 61 90 91 – Fax: +33 (0)5 59 61 90 99

Pure Ossau-Iraty ewe’s cheese

- Les Fermiers Basco-Béarnais** Discovery of the different varieties and origins of farmhouse cheeses. Route nationale – 64490 Accous Tel.: 0+33 (0)5 59 34 76 06 – Fax: +33 (0)5 59 34 70 75

Honey and beehive products

- Ecomusée de l’Abeille, la Cité des Abeilles** Route des Crêtes – 64110 Saint-Faust Tel.: +33 (0)5 59 83 04 60 – Fax: +33 (0)5 59 83 03 80

- Espelette chilli pepper** Permanent exhibition in former castle of the Baron of Espeletta. Tel. Tourist Office : +33 (0)5 59 93 95 02

Gourmet events

DECEMBER/JANUARY

- Truffle market** Périgueux and Sarlat on Saturdays – Vergt and Brantôme on Fridays – Excideuil on Thursdays – Saint Alvère on Mondays – Sorges on the Sunday closest to 20 January. Tel.: +33 (0)5 53 05 90 11

- Duck and goose markets and fairs** In the Dordogne in Périgueux and Ribérac; Montfort-en-Chalosse in the Landes.

FEBRUARY

- Fête des Bœufs gras** Bazas (33) Parade and competition of the finest specimens of cattle, with their twisted and ornate horns. Tel.: +33 (0)5 56 25 25 84

APRIL

- Fête “Oh ! Légumes oubliés !”** Sadirac (33) Fair with plants and vegetables from the past. Tasting. Tel.: +33 (0)5 56 30 62 00

JUNE

- Flower festival** Saint-Emilion (33) “Jurade de Printemps”. Fête to celebrate the arrival of flowers on the vines. Parade of the Jurade members (cf. useful addresses).

JULY

- Wine and Gastronomy Fête** Pauillac (33) Tasting of wines and regional products (cf. useful addresses).

- Buzet wine Fête** Nérac (47) Big wine festival with events, local arts & crafts and “barrique-kayak” on the Baise River (cf. Useful addresses).

AUGUST

- Fruit fair** Prayssas (47) Multicoloured fête. Tasting and events. Tel.: +33 (0)5 53 95 00 15

SEPTEMBER

- International wine, cheese and bread fair** Langon (33) (cf. Useful addresses).

- “Ban des Vendanges”** Saint-Emilion (33) Traditional ceremony. The “Jurade” of Saint-Emilion proclaims the start of the harvest. Initiation rites (cf. useful addresses).

- Prune fair** Saint-Aubin (47) Tasting, events, folk group, stone-spitting competition … Tel.: +33 (0)5 53 41 66 64

OCTOBER

- Chestnut fête** Villefranche du Périgord (24) Tasting, events. Tel.: +33 (0)5 53 29 98 37

- Great wine races** Saint-Emilion (33) Competitions for lovers of sport and good wines. Events, visits to cellars (cf. useful addresses).

- Chilli fête** Espelette (64) Espelette chilli pepper with many Basque specialities. Gastronomy, conviviality and folklore. Tel.: +33 (0)5 59 93 95 02

Cooking lessons

Courses to learn traditional regional cuisine.

Information: Local Tourist Boards (cf. useful addresses).

Traditional celebrations

List of the main traditional fêtes.

For information on the festivals and events, consult the local Tourist Boards (cf. useful addresses).

APRIL

- Fête des Soufflaculs** Nontron (24) Traditional fête dating back to the Middle Ages. Tel.: +33 (0)5 53 56 25 50

- Course Landaise** Amou (40) Traditional sport in the towns and villages of the Landes. Tel.: +33 (0)5 58 89 00 22

- Festival of Valleys and Shepherds** Oloron-Sainte-Marie (64) Grand Béarn evening with groups of singers. Tel.: +33 (0)5 59 39 98 00

MAY

- La Maillade – May tree** Sabres (40) It is used to tell how much esteem a village community has for certain of its members. Tel.: +33 (0)5 58 08 31 31

- Sheep-shearing** Sabres (40) Ewe-shearing with scissors and “forces” before springtime. Tel.: +33 (0)5 58 08 31 31

- Festival d’Otxote** Cambo-Les-Bains (64) Choir singing with 4 voices equal to 8 men in church. Tel.: +33 (0)5 59 29 70 25

- Fête de l’Euskara** Saint-Pée-sur-Nivelle (64) Meeting of Basque schools with traditions, folk, song, dance. Tel.: +33 (0)5 59 54 11 69

JUNE

- Fête des Veneurs d’Epernon** Cadillac (33) Demonstration of hunting horn-blowers at the castle of the Dukes of Epernon in Cadillac. Tel.: +33 (0)5 57 98 18 18

- Jeu de Quille** Saint-Justin (40) In the Landes and Béarn regions, this game dating back to the Middle Ages has been preserved. Tel.: +33 (0)5 58 44 86 06

JULY

- Medieval festival of Laroque-Timbaut** Laroque-Timbaut (47) 300 actors retrace 2000 years of history in Laroque-Timbaut with sound and light effects. Tel.: +33 (0)5 53 95 79 50

- Fêtes de la Madeleine** Duras (47) 3 days of fête in Duras with various events including the burning of Château de Duras (pyrotechnics display). Tel.: +33 (0)5 53 83 63 06

- Pottok Fête** Sare (64) This small rustic-looking horse is a typical Basque animal. Pottok competitions, events. Tel.: +33 (0)5 59 54 20 14

JULY – AUGUST

- Reconstruction of a Basque Wedding 1900** Saint-Etienne-de-Baigorry (64) Traditional Basque wedding. Tel.: +33 (0)5 59 37 47 28

- Festival de la Force basque** Saint-Palais (64) The Festival de la Force Basque in Saint-Palais (Lower Navarre) is an opportunity to admire all the disciplines of this sport. Tel.: +33 (0)5 59 65 71 78

- La Pastorale** En Soule (64) This is the ancestor of cultural events in the Basque Country. With its vocal tradition, the Pastorale is popular theatre in Soule. Tel.: +33 (0)5 59 28 51 82

AUGUST

- Knife festival** Nontron (24) Event with knife makers. The “Nontron” with its box-tree handle engraved with mysterious signs is the oldest knife in France. Tel.: +33 (0)5 53 56 25 50

- Dax Feria** Dax (40) Traditional fêtes lasting up to eight days and eight nights, attracting the whole population of the town and many people from outside. Tel.: +33 (0)5 58 90 99 09

- Liars’ Festival** Moncrabeau (47) In pure Gascony tradition, the Liars’ Academy was founded in the 18th century in Moncrabeau, which has since become the capital of liars. Tel.: +33 (0)5 53 65 43 27

- Medieval days** Monflanquin (47) Medieval fête, permanent events in the town with street performers, falconry, dances and traditional music. Tel.: +33 (0)5 53 36 40 19

- World Ente Plum-stone Spitting Championship** Sainte-Livrade-sur-Lot (47) Tel.: +33 (0)5 53 01 45 88

SEPTEMBER

- Woodpigeon Fête** Bazas (33) Traditional hunting in South West France, with a full-scale reconstruction. Tel.: +33 (0)5 56 25 25 84

- Draught horse festival** Marmande (47) Exhibition of draught horses with their foals, demonstration of hitching, events. Tel.: +33 (0)5 53 64 44 44

DECEMBER

- La Halha de Nadau** Bazas (33) The ancient custom of Halha de Nadau has been adapted to present-day life. The children of the primary schools of Bazas parade in the streets of the town to the sound of fifes and sing traditional Gascony songs including the famous Halha de Nadau. Tel.: +33 (0)5 56 25 25 84

Events and festivals

To find out more about summer cultural events, exhibitions, theatre, music, dance and cinema:

- guide / map “Aquitaine en Scène”** Tel.: +33 (0)5 57 57 86 57 Internet: www.aquitaine-en-scene.org

In the mountains



Always a favourite among climbing and high-altitude hiking enthusiasts, lovers of flora and fauna and those in search of pure clean air and wide open spaces, the mountains of the Pyrenees always have new attractions just waiting to be discovered. Rafting, canyoning, mountain biking, adventure courses high up in the trees... sports and leisure rule here... but we should not forget the friendly, relaxed atmosphere of our villages, ski resorts and spa towns.

Whitewater sports

Rafting, canyoning, whitewater swimming, canoeing, kayaking: for all information about whitewater sports sites and centres in Aquitaine, contact the Tourist Boards of the different départements and the Tourist Offices (cf. useful addresses).

• Direction Régionale et Départementale Jeunesse et Sports d'Aquitaine

7, boulevard du Parc des Expositions – 33525 Bruges Cedex
Tel.: +33 (0)5 56 69 38 00 – Fax: +33 (0)5 56 50 02 30
dr033@jeunesse-sports.gouv.fr
www.mjsaquitaine.jeunesse-sports.gouv.fr

• Ligue d'Aquitaine de Canoë-kayak

Maison des Sports – 119, boulevard Wilson – 33200 Bordeaux
Tel. / Fax: +33 (0)5 57 22 29 89

Water parks

• Aqua Béarn

Slides, pools with waves and currents, tube river, paddling pool with water slide, fishing, boats.
Lac du Faget – 64400 Oloron-Sainte-Marie
Tel.: +33 (0)5 59 39 20 75

Spas

Brochure: “Votre santé prend forme en Aquitaine” available from the Aquitaine Regional Tourist Board.

Natural parks

• Pyrenees National Park

Tourist information:
59, route de Pau – 65000 Tarbes
Tel.: +33 (0)5 62 44 36 60 – Fax: +33 (0)5 62 44 36 70
pyrenees.parc.national@espaces-naturels.fr
www.parc-pyrenees.com
Béarn – Basque Country Tourist Board (cf. useful addresses).

• National Park Centre Ossau Valley

Open during school holidays only.
Tel.: +33 (0)5 59 05 41 59

• National Park Centre Aspe Valley

Open during school holidays only.
Tel.: +33 (0)5 59 34 88 30

Hiking

• Comité Départemental de la Randonnée Pédestre des Pyrénées-Atlantiques

Ancienne Mairie – 64370 Arthez de Béarn
Tel. / Fax: +33 (0)5 59 67 43 46
cdrp64@wanadoo.fr

Additional information:

• Association de Coopération Inter-Régionale

“Les Chemins de Saint-Jacques de Compostelle”
42, rue des Saules – 31400 Toulouse
Tel.: +33 (0)5 62 27 00 05 – Fax: +33 (0)5 62 27 12 40

Cycling

Brochures with maps and circuits available from the Tourist Boards of the various départements.

“A Vélo” brochure proposing a selection of circuits available from the Aquitaine Regional Tourist Board (cf. useful addresses).

Horse riding

“A Cheval” brochure devoted to equestrian tourism available from the Aquitaine Regional Tourist Board (cf. useful addresses).

• Comité Régional de Tourisme Equestre de Randonnée et d'Equitation de Loisirs

Hippodrome du Bouscat – BP 95 – 33492 Le Bouscat Cedex
Tel. +33 (0)5 56 28 01 48 / +33 (0)5 53 48 02 28
Fax: +33 (0)5 56 16 26 55 / +33 (0)5 53 69 44 75
“A Cheval” brochure devoted to equestrian tourism available from the Aquitaine Regional Tourist Board (cf. useful addresses).

• Comité Départemental de Tourisme Equestre des Pyrénées-Atlantiques

Haras Nationaux de Pau
rue du Maréchal Leclerc – 64110 Gelos
Tel.: +33 (0)5 59 35 01 35 – Fax: +33 (0)5 59 06 03 97
www.tourisme64.com

Winter sports

THE RESORTS

• Iraty

Altitude 1,327m, 6 ski runs, 45 km of cross-country runs.
Tel.: +33 (0)5 59 28 51 29 – Fax: +33 (0)5 59 28 72 38
www.chaletsdiraty.com

• Issarbe

Altitude 1,450m, 1,500m, 9 ski runs with 31 km traced, signposted routes (from beginners to red level), special itineraries specially for hiking with snowshoes, panoramic high-altitude restaurant.
Tel.: +33 (0)5 59 36 00 26 ou +33 (0)5 59 34 62 06

• La Pierre-Saint-Martin

KID Resort Label, altitude 1,650m, 2,200m, 19 runs, 16 lifts, children's and beginners' areas, sledge run, ESF skiing school, 5 km of marked, signposted cross-country ski runs
Tourist Office – 64570 Arette-la Pierre-Saint-Martin
Tel.: +33 (0)5 59 66 20 09 – Fax: +33 (0)5 59 66 21 48
la-pierre-st-martin@wanadoo.fr

• Le Somport-Candanchu

Altitude 1,600m, 9 runs, 34 km of cross-country runs laid out in the heart of the Pyrenees National Park (25km in France, 9 km in Spain). The resort of Le Somport lies right in the heart of the Pyrenees National Park.
Tel.: +33 (0)5 59 34 71 48 – Fax: +33 (0)5 59 36 19 98
aspe.tourisme@wanadoo.fr

• Artouste

Altitude 1,600m, 9 runs, 34 km of cross-country runs laid out in the heart of the Pyrenees National Park (25km in France, 9 km in Spain). The resort of Le Somport lies right in the heart of the Pyrenees National Park.
Maison de Fabrèges – 64440 Artouste-Fabrèges
Tel.: +33 (0)5 59 05 34 00 – Fax: +33 (0)5 59 05 37 55
artouste.tourisme@wanadoo.fr

• Gourette

Altitude 1,400m, 2,400m, 30 signposted runs with a total length of 31 km, 23 lifts, snow park, 2 skiing schools, 2 high-altitude restaurants, 20 km of packed down, way-marked cross-country circuits.
Tourist Office – 64440 Les Eaux-Bonnes-Gourette
Tel.: +33 (0)5 59 05 12 17 – Fax: +33 (0)5 59 05 12 56
office.du.tourisme.eaux.bonnes.gourette@wanadoo.fr – www.ot-eaux-bonnes-gourette.fr

Tourist information about the resorts of the Pyrenees (summer, winter, spas), accommodation booking service, distribution of the Guide Blanc:

- **Maison des Pyrénées**
6, rue Vital-Carles – 33000 Bordeaux
Tel.: +33 (0)5 56 44 05 65 – Fax: +33 (0)5 56 52 37 29
pyrenees.bordeaux@cg65.fr – www.lespyrenees.net

Theme parks

Non-exhaustive list. Additional information from the Tourist Boards of the different départements (cf. useful addresses).

• Pyrénées Aventures Nouvelles

In the Barétous Valley, at the foot of the chain of the Pyrenees, a nature trail composed of 73 games up in the air.
Rue du Presbytère – 64570 Aramits
Tel. / Fax: +33 (0)5 59 34 64 79 or +33 (0)5 59 34 10 70
contact@vacances-parc-aramits.com
www.aventure-parc-aramits.com
Open all year round.

• Vulture Cliff

Discover the exhibition area and the live commentaries by a guide. Observe the day-to-day life of these giant birds of prey on the big screen.
64260 Aste-Béon
Tel.: +33 (0)5 59 82 65 49 – Fax: +33 (0)5 59 82 65 65
falaise.aux.vautours@wanadoo.fr
www.falaise-aux-vautours.com
Open all year round.

• Organbidexka Col Libre

Introduction to ornithology and watching migratory birds (birds of prey, storks, pigeons and cranes) and local species (vultures...).
Media library
11, rue Bourgneuf – Bayonne
64560 Iraty
Tel.: +33 (0)5 59 25 62 03 – Fax: +33 (0)5 59 25 62 06

• The Forest of the Stags

Stag, doe, fallow deer and fawn (along with farm animals) in their natural habitat. Come and get real close to the animals. Picnic area, games.
Route départementale 2 – 64130 Moncayolle
Tel.: +33 (0)5 59 28 24 30 – Fax: +33 (0)5 59 28 44 33
Open from 01/06 to 31/08.

Urban and sightseeing trains

• The Artouste Tourist Train

Runs through the mountains at an altitude of 2,000 m on a narrow-gauge line that is 10 km long. Leaflet available in French, English and Spanish. Minimum duration: 3 1/2 hours.
EPSA – 64440 Artouste-Fabrèges
Tel.: +33 (0)5 59 05 36 99 – Fax: +33 (0)5 59 05 45 64
artouste@epsa.fr
www.trainartouste.com et www.epsa.fr et www.ski64.com
Runs from 31/05 to 30/09.

• Macaye Tourist Train

On Mount Baigura at an altitude of 948 m, panoramic view over the Pyrenees with a climb of half an hour.
Baigura Leisure Centre
Route de Louhossa – 64240 Mendionde
Tel.: +33 (0)5 59 37 69 05 – Fax: +33 (0)5 59 37 98 56
Runs all year round.

• La Rhune Tourist Train

Rack railway train entirely made of wood and dating back to 1924. A 35-minute climb at a speed of 8 kph (5 mph). Arrival at the summit of La Rhune at an altitude of 905 m.
Col de Saint-Ignace Station
64310 Sare
Tel.: 0 892 39 14 25 – Fax: +33 (0)5 59 47 50 76
TrainRhune@aol.com – www.rhune.com
Runs from 15/03 to 15/11.

Heritage

• Navarrenx

Medieval town founded in the 11th century, becoming a walled bastide town in 1316 and the first French bastion-fortress. Navarrenx is also a stopping place on the route to Compostella.
Tel.: +33 (0)5 59 66 14 93 (Tourist Office)
www.bearn-gaves.com

• Oloron-Sainte-Marie

Worth a visit: Sainte-Marie cathedral, built on the return from a crusade, major stopping place for pilgrims on the road to Compostella; heritage museum; Sainte-Croix church (12th century), a masterpiece of Romanesque architecture.
Tel.: +33 (0)5 59 39 98 00
www.ot-oloron-ste-marie.fr (Tourist Office.)

• Saint-Etienne-de-Baigorry

Worth a visit: Saint-Etienne church and its Baroque organ; Etxaux Castle; the old “Roman” bridge, actually built in the 17th century.
Tel.: +33 (0)5 59 37 47 28 (Tourist Office)
www.terre-basque.com

• Sauveterre-de-Béarn

Worth a visit: the tower of Montréal (13th century); Saint-André church, a masterpiece of Romanesque architecture.
Tel.: +33 (0)5 59 38 58 65 (Tourist Office)

• Urrugne

Worth a visit: the Castle of Urtubie, the last castle in the Basque Country 14th / 18th century, and its arboretum; the Florenia Floral Park.
Tel.: +33 (0)5 59 54 60 80 (Tourist Office)
www.urrugne.com

• Salies-de-Béarn

Worth a visit: the square of Le Bayaa, 14th century Saint-Vincent church.
Tel.: +33 (0)5 59 38 00 33 (Tourist Office)
www.bearn-gaves.com

Gourmet specialities

• Salt

The Salt Museum
Rue des Puits Salants – 64270 Salies-de-Béarn
Tel.: +33 (0)5 59 38 00 33 – Fax: +33 (0)5 59 38 02 95

Gourmet Events

JULY

• Pyrenean Cheese Fair

Etsaut
Tasting, demonstration of cheese production.
Tel.: +33 (0)5 59 34 71 48

SEPTEMBER

• Salt Festival

Salies-de-Béarn (64)
Market with cured produce, Béarn songs and dancing, local traditions... (cf. Useful Addresses).

Traditional celebrations

List of the main traditional fêtes. For all information about fêtes and events, contact the Tourist Boards of the different départements (cf. Useful Addresses).

JUNE

• Transhumance Festival in the Ossau Valley

Laruns
Marking and transfer of the flocks to their summer pastures, meet the shepherds, events and traditional songs.
Tel.: +33 (0)5 59 05 31 41

• Transhumance Festival in the Aspe Valley

Lourdios
Departure of the flocks for their summer pastures, traditional song and dances, meal.
Tel.: +33 (0)5 59 34 44 84

AUGUST

• Irritzina Festival

Hasparren
Irritzina is the cry used by the shepherds to communicate with each other from one valley to the next and from one mountain to another. Competition to find the best cry.
Tel.: +33 (0)5 59 29 62 02

• Nouste Dame Festival

Laruns
The traditional celebration par excellence. The musicians and singers head out into the streets in the morning, offering people the immortal flower of the mountains – edelweiss.
Tel.: +33 (0)5 59 05 31 41

• Espadrille Festival

Mauléon
A day dedicated to the history and production of the espadrille, with folklore, singing, dancing and Basque pelota.
Tel.: +33 (0)5 59 28 02 37

SEPTEMBER

• Shepherds' Festival

Arette
Sheepdog trials.
Tel.: +33 (0)5 59 88 95 38

DECEMBER

• Olentzero, Basque Christmas

Basque Country
Olentzero, according to Basque legend, is a labourer working up in the mountains to produce charcoal. Once a year, just before Christmas, he travels around the towns and villages offering logs to the poor so that nobody is cold on Christmas night. Even today, Olentzero never forgets.

In the heart of town



Proud of their architecture and their eventful past, the towns of Aquitaine offer the very best of southern culture: inspiring and lively places with a whole host of events to enjoy in all the different arts, a thousand delights for body, heart and spirit... and some unforgettable celebrations!

Towns of Art, history and character

DORDOGNE

• Bergerac

The town stands on the banks of the Dordogne River in the heart of the Périgord Pourpre region.
Worth a visit: Saint-Jacques church; many houses dating from the 14th, 15th and 16th centuries; the statue of Cyrano de Bergerac; the Maison des Vins in the Cloister of Les Récollets; the Tobacco Museum; the garden of the Tobacco Institute. In the surrounding area: churches, castles, the Circuit of the Bastide Towns and the Wine Route.
Tel.: +33 (0)5 53 57 03 11 (Tourist Office)
www.bergerac-tourisme.com

• Périgueux

The capital of the Dordogne, this town's origins go back 2,000 years to its foundation in Roman times.
Worth a visit: remains of the amphitheatre, 1st century AD; the Tower of Vesunna; remains of the 3rd-century ramparts; La Cité church (11th century); Château Barrière (12th / 16th century); Saint-Front cathedral (12th century) and cloister; Renaissance townhouses; inner courtyards; private stairways; Périgord Museum. The town has been listed as a "Town of Art and History" by the French National Historical Monuments.
Tel.: +33 (0)5 53 53 10 63 (Tourist Office)
www.ville-perigueux.fr

• Sarlat

A Medieval town in the heart of Périgord Noir.
Worth a visit: the birthplace of Etienne de la Boétie; Saint-Sacerdos cathedral; the Jardin des Enfeus with its funerary niches; the Lantern of the Dead; the Presidial; the Chapel of the White Penitents; the Gisson, Maleville and Plamon townhouses; The castle of Puymartin.
"Town of Art and History".
Tel.: +33 (0)5 53 31 45 45 (Tourist Office)
www.sarlat-tourisme.com

GIRONDE

• Arcachon

A fishing village in the 16th century, before becoming a favourite of the European aristocracy and a renowned seaside resort from the 19th century onwards. Also one of Europe's largest oyster-farming centres.
Worth a visit: the villas of the summer and winter districts; the Neo-Gothic church of Notre-Dame-de-Bon-Port; the Moorish Park...
Tel.: +33 (0)5 57 52 97 97 (Tourist Office)
www.arcachon.com

• Bordeaux

Famous for its busy port which brought prosperity thanks to wine and trading with French overseas colonies, Bordeaux had its "Golden Age" in the 18th century, when its prestigious Intendants transformed the city, giving it the face it still has today. Its architectural heritage is not only remarkably unified, it has also been perfectly preserved.
Worth a visit: the Opera; Saint-André cathedral; the Palais Rohan; the Saint-Michel steeple; the Place de la Bourse; the remains of the Palais Gallien; The Esplanade des Quinconces; the Grosse Cloche bell-tower; Porte Cailhau and the other gates of the old city; the Aquitaine Museum; the Museum of Decorative Arts; the Fine Arts Museum; the CAPC Museum of Contemporary Art.
"City of Art and History".
Tel.: +33 (0)5 56 00 66 00 (Tourist Office)
www.bordeaux-tourisme.com

• Libourne

Worth a visit: Condat chapel, 12th century; Saint-Jean-Baptiste church, 14th century; the main square surrounded by arches; the Porte du Grand Port 14th century town gate; Fine Arts and Archaeological Museum.
Tel.: +33 (0)5 57 51 15 04 (Tourist Office)
www.libourne-tourisme.com

LANDES

• Dax

The N°1 spa town in France, Dax was already renowned in Roman times for the quality of its warm waters and its mud baths, and is a town with a very rich and eventful history.
Worth a visit: Sainte-Marie cathedral; 4th-century Gallo-Roman ramparts; Archaeological crypt enclosing the remains of a 2nd century Roman temple; the Borda Museum (archaeology, popular arts and traditions); "Course Landaise" Museum.
Tel.: +33 (0)5 58 56 86 86 (Tourist Office)
www.ville-de-dax.fr

• Mont-de-Marsan

Worth a visit: Rue des Arceaux, arcades, 17th / 18th century façades; Lacataye keep; La Madeleine church; Plumaçon bullring; remains of the city walls and towers; Despiou-Wlérick Museum, the only museum in France devoted exclusively to early 20th century figurative sculpture; splendid promenade along the Douze.
Tel.: +33 (0)5 58 05 87 37
Tel.: +33 (0)5 58 98 58 50 (Tourist Office)
www.mont-de-marsan.org

LOT-ET-GARONNE

• Agen

The administrative centre of the Lot-et-Garonne and the capital of prune production, Agen is a delightful town for a stroll thanks to its winding streets lined with arches.
Worth a visit: Gallo-Roman remains; the Cornières quarter; the Préfecture, an 18th-century former Episcopal palace; Saint-Caprais cathedral (11th c.); the Maison du Sénéchal; the Fine Arts Museum.
Tel.: +33 (0)5 53 47 36 09 (Tourist Office)
www.ot-agen.org

PYRENEES-ATLANTIQUES

• Pau

Formerly the Royal capital of Béarn and Navarre, Pau became a cosmopolitan resort town in the 19th century. A town of gardens since the 16th century, its parks cover no less than 750 ha.
Worth a visit: the castle of King Henri IV (12th, 14th and 19th centuries); College of the Jesuits (17th century); the Pau Castle National Museum, housing one of Europe's most remarkable collections of Gobelin tapestries; Béarn Museum; Bernadotte Museum; Fine Arts Museum.
Tel.: +33 (0)5 59 27 27 08 (Tourist Office)
www.ville-pau.fr

• Bayonne

On the border between the Landes and the Basque Country, at the confluence of the Adour and Nive rivers, Bayonne is a historical town with a long port tradition.
Worth a visit: the three historical districts: "Old" or "Grand" Bayonne at the foot of Vauban's citadel; "Petit Bayonne", the Medieval quarter; "Saint-Esprit", the upper town; Sainte-Marie cathedral (13th / 15th c.) and its cloister; Château-Vieux; houses on stilts along the Nive; the Bonnat Museum; the Basque Museum, in the Maison Dagourette.
"Town of Art and History".
Tel.: +33 (0)5 59 46 01 46 (O.T.)
www.bayonne-tourisme.com

• Biarritz

Biarritz was initially a small whale-fishing port before becoming the most famous seaside resort on the Basque Coast, thanks to the visits of Eugénie de Montijo, future wife of Emperor Napoleon III, and, more recently, the capital of surfing.
Worth a visit: the Hôtel du Palais, Eugénie's former residence, built in Louis XIII style; the Grande Plage; the Municipal Casino; Saint-Alexandre Nevski orthodox church; the Rocher de la Vierge; the Fishing Port; the Museum of the Sea; the Asiatika Museum; the Chocolate Museum.
Tel.: +33 (0)5 59 22 37 00 (Tourist Office)
www.biarritz.tm.f

Museums

DORDOGNE

• Tobacco Museum

In a 17th century townhouse, the pride of the architectural heritage of Bergerac, exhibitions on themes related to the social and cultural history of tobacco.
Maison Peyrarède
Place du Feu
24100 BERGERAC
Tel.: +33 (0)5 53 63 04 13
Fax: +33 (0)5 53 61 90 02
www.france-tabac.com/musee.htm

• Vesunna, Périgueux Gallo-Roman Museum

Designed by the architect Jean Nouvel, the Museum reveals the remains of a Gallo-Roman Domus discovered in 1959 and retraces the history of Vesunna, a Roman town on the site of modern-day Périgueux
Boulevard de Vésone
20, rue du 26^e R.I.
24000 PERIGUEUX
Tel.: +33 (0)5 53 53 00 92
www.ville-perigueux.fr

GIRONDE

• Bordeaux Fine Arts Museum

Founded in 1801 by Napoleon, it presents works by Italian, Flemish, erman and Dutch artists. The works on show place the museum among the very best collections of Dutch painting open to the public.
Jardin de la Mairie
20, cours d'Albret
33000 BORDEAUX
Tel.: +33 (0)5 56 10 20 56
Fax: +33 (0)5 56 10 25 13
www.culture.gouv.fr/culture/bordeaux/services.htm
musbxa@mairie-bordeaux.fr

• CAPC Museum of Contemporary Art

Housed in a former port warehouse built at the beginning of the 19th century, the CAPC Museum presents the major artistic movements of the last 30 years and regularly exhibits works by young artists.
Entrepôt
7, rue Ferrère
33000 BORDEAUX
Tel.: +33 (0)5 56 00 81 50
Fax: +33 (0)5 56 44 12 07
capc@mairie-bordeaux.fr
www.mairie-bordeaux.fr/musee/capc/capc5.htm

• Aquitaine Museum

Located in the heart of the city, the Aquitaine Museum takes you through the region's history from prehistoric times right up to the present day.
20, cours Pasteur
33000 BORDEAUX
Tel.: +33 (0)5 56.01 51 00
Fax: +33 (0)5 56 44 24 36
musaq@mairie-bordeaux.fr
www.mairie-bordeaux.fr/musees/musee-aquitaine/museeaquitaine3.htm

• Centre Jean Moulin

Museum and archives of the Second World War, the Jean-Moulin National Centre presents collections devoted to the Resistance, Deportation and the Free French Forces.
Place Jean-Moulin (entrance)
48 rue Vital-Carles (postal address)
33000 BORDEAUX
Tel.: +33 (0)5 56 79 66 00
Fax: +33 (0)5 56 79 66 04
cnjm@mairie-bordeaux.fr
www.mairie-bordeaux.fr/musees/jean-moulin/museejmoulin3.htm

• Decorative Arts Museum

Housed in the Hôtel de Lalande, dating back to 1779, it presents rich and varied collections of paintings, engravings, miniatures, sculptures, furniture, ceramics, glassware and gold work of the 17th and 19th centuries.
39, rue Bouffard
33000 BORDEAUX
Tel.: +33 (0)5 56 00 72 50
Fax: +33 (0)5 56 81 69 67
musad@mairie-bordeaux.fr
www.mairie-bordeaux.fr/musees/arts-decos/artsdecos4.htm

• National Customs Museum

This museum presents the history of the oldest of the State's administrations, from ancient times through to the present day.
1, place de la Bourse
33000 BORDEAUX
Tel.: +33 (0)5 56 48 82 82
Fax: +33 (0)5 56 48 82 88
mnd.web@free.fr
www.mairie-bordeaux.fr/autresmusees/douanes/informations.htm

LANDES

• National Customs Museum

Home to collections of Gallo-Roman and Medieval archaeology. One room is devoted to Jean-Charles de Borda (18th century scientist, maritime engineer), while another retraces the history of bullfighting and Course Landaise.
27, rue Cazade
40100 DAX
Tel.: +33 (0)5 58 74 12 91
musee@dax.fr
www.tourisme-landes.com/Dax_musees.html

• Despiou-Wlerick Museum

In the Lacataye Keep, it houses the works of local sculptors Charles Despiou and Robert Wlérick. It is the only museum of decorative art specialising in the period between the wars.
6, place Marguerite-de-Navarre
40000 MONT DE MARSAN
Tel.: +33 (0)5 58 75 00 45
Fax: +33 (0)5 58 85 90 02
musee-despiou-wlerick@mont-de-marsan.org
www.mont-de-marsan.org

LOT-ET-GARONNE

• Agen Fine Arts Museum

Housed in 4 Renaissance townhouses, the Agen Museum presents rich and varied collections bequeathed to it as well as works lent by the Louvre, making it one of France's best municipal museums.
Place du Docteur Esquirol
47916 AGEN Cedex 9
Tel.: +33 (0)5 53 69 47 23
Fax: +33 (0)5 53 69 47 77
musee@ville-agen.fr
www.agen.fr/culture/musees/beaux_arts/info

PYRENEES-ATLANTIQUES

• Bonnat Museum

One of the most important museums outside Paris. It bears the name of the painter Léon Bonnat, who left his collections of objets d'art, antiques, sculptures and paintings to the town of Bayonne. The jewel in the collection is the set of 1,800 original drawings by such famous geniuses as Leonardo da Vinci, Raphael, Michelangelo, Titian, Dürer, Rembrandt, Le Lorrain, Poussin, Watteau and all the Masters of the first half of the 19th century.
5, rue Jacques-Laffitte
64100 BAYONNE
Tel.: +33 (0)5 59 59 08 52
Fax: +33 (0)5 59 59 53 26
musee-bonnat@ville-bayonne.fr
www.musee.aquitaine.fr/musees

• Basque Museum

The Basque Museum, recently renovated, offers exhibitions dealing with the life, culture and work of the men and women of the Basque Country.
37, quai des Corsaires
64100 BAYONNE
Tel.: +33 (0)5 59 46 61 90
www.musee-basque.com
www.euskal-museoa.com

• Asiatika – Museum of Oriental Art

The only museum of its kind, the Asiatika offers the opportunity to discover works of art from India, China, Tibet, Nepal, the regions of the Himalayas and East India, as well as an insight into their culture, religions, history and crafts...
1 rue Guy-Petit
64200 BIARRITZ
Tel.: +33 (0)5 59 22 78 78
Fax: +33 (0)5 59 22 78 79
asiatica@wanadoo.fr
www.museeasiatica.com/french.htm

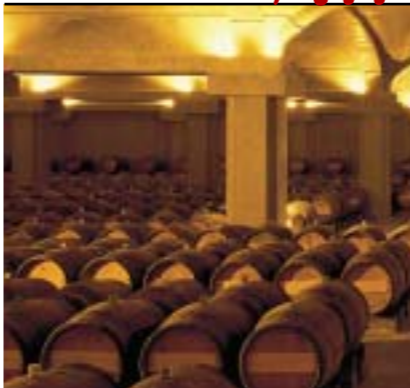
• Museum of the Sea

The Biarritz Museum of the Sea is not only an aquarium offering an insight into the fauna of the Bay of Biscay, with over 150 species of fish and invertebrates, it is also a major museum about fishing in the Bay of Biscay, the migratory birds of the region and with various collections of paintings, photographs, fossils and shells, etc.
Plateau de l'Atalaye
64200 BIARRITZ
Tel.: +33 (0)5 59 22 33 34
Fax: +33 (0)5 59 22 75 30
musee.mer@wanadoo.fr
www.museedelamer.com

• Pau Castle National Museum

A museum devoted to King Henri IV, with the famous tortoise shell said to have served as his cradle and also one of Europe's most remarkable collections of tapestries from the Gobelin workshops
64000 PAU
Tel.: +33 (0)5 59 82 38 19
Fax: +33 (0)5 59 82 38 18
j-jacques.ducasse@culture.fr
www.musee-chateau-pau.fr

All about wine



If there is one region where wine is king, then it is certainly Aquitaine. Here, the vine has found its ideal home. Enter the gates of the great châteaux, visit cellars, meet the wine-growers, take a trip around a museum, learn how to taste wine... a whole region is just waiting to share its passion for wine with you.

• Pau National Fine Arts Museum

Built in 1931, the museum is a remarkable example of Art Deco architecture. Its collections offer an extensive panorama of European artistic creation from the end of the 15th century to the 1970s
Rue Mathieu-Lalanne
64000 PAU
Tel.: +33 (0)5 59 27 33 02
Fax: +33 (0)5 59 98 09 63
museedesbeauxarts.pau@laposte.net

• Bernadotte Museum

Housed in the Maison Balagué where he was born, the museum pays tribute to Jean-Baptiste Bernadotte, who was a Maréchal de France before becoming King of Sweden from 1818 until his death. It is also a precious example of town planning and the way of life in Pau in the 18th century.
Rue de Tran
64000 PAU
Tel.: +33 (0)5 59 27 48 42
E-mail and site of the Pau Fine Arts Museum.

Gourmet specialities

GIRONDE

- **Les Canelés**
- **Les Gourmandises Baillardran**
Visit of the production workshop.
Galerie des Grands Hommes
33000 Bordeaux
Tel.: +33 (0)5 56 79 05 89
Fax: +33 (0)5 56 99 11 27
info@baillardran.com
www.baillardran.com

PYRENEES-ATLANTIQUES

- **Ham**
- **La Maison du Jambon de Bayonne**
Route de Samadet
64310 Arzacq
Tel.: +33 (0)5 59 04 49 35
Fax: +33 (0)5 59 04 49 39
Museum, curing facilities, videos, shop.

Gourmet events

DECEMBER/JANUARY

- **Truffle Markets**
Périgueux and Sarlat, Saturdays – Vergt and Brantôme, Fridays – Excideuil, Thursdays – Saint-Alvère, Mondays – The Truffle Fête in Sorges on the Sunday closest to 20 January.
Tel.: +33 (0)5 53 05 90 11

APRIL

- **Ham Fair**
Bayonne (64)
(cf. useful addresses)

MAY

- **Cod Fair**
Bègles (33)
Events and tasting.
Tel.: 05 56 49 95 95

- **Chocolate Fête**
Bayonne (64)
Demonstrations of chocolate dipping in the streets of the town centre. Events, tasting (cf. useful addresses).

JUNE/JULY

- **Wine Fête (in 2004)**
Bordeaux (33)
A weekend to celebrate wine with a wide variety of events. Held every two years (even years), alternating with the River Fête (in odd years) (cf. useful addresses).

Urban and sightseeing trains

DORDOGNE

- **Périgueux Train**
Discover the ancient town and the old district, the amphitheatre, the Tower of Vesunna, the Gallo-Roman villa, Château Barrière, the church of La Cité, Saint-Front cathedral, the pedestrian streets.
Duration: 30 min.
Jean-Louis Bourrou – Le Chaubier
24330 Eyliac
Tel.: +33 (0)5 53 04 33 39 / 06 70 02 67 19 / 06 70 37 31 43
Fax: +33 (0)5 53 03 29 07
www.ville-perigueux.fr/capitale/
promenade/promenade.htm
Open from 15/06 to 15/09.

GIRONDE

- **The Belle Epoque Omnibus**
Visits of the city of Bordeaux from April to October (duration: 1 1/2 hours).
54, boulevard Victor-Hugo – 33670 Créon
Tel. / Fax: +33 (0)5 56 23 20 20

Traditional celebrations

*A list of the main traditional celebrations.
For all information about fêtes and events, contact the Tourist Boards of each département (cf. useful addresses).*

JULY

- **La Félibrée - A Fête in the Langue d'Oc language**
Périgueux (24)
The great popular get-together for all those who seek to defend the Langue d'Oc language and civilisation. Open-air Mass in the Langue d'Oc language, followed by the Taulado (banquet). In the afternoon: the Cour d'Amour, a show including dance, drama, poetry, singing and troubadours. A chance to rediscover the crafts of times gone by – wickerwork, clog making etc.
Tel.: +33 (0)5 53 09 57 64

- **Fêtes de la Madeleine**
Mont-de-Marsan (40)
Gaily decorated streets and squares, crowded bodegas and café terraces, happy crowds, music and dancing – come and enjoy yourselves! The red and white local “uniforms” are got out of the wardrobe and the traditional sports and games are the centre of attraction: corrida, Course Landaise.
Tel.: +33 (0)5 58 75 39 08

- **Bayonne Fêtes**
Bayonne (64)
Bullfighting and Basque celebrations as the whole town parties.
Tel.: +33 (0)5 59 46 01 46

OCTOBER

- **French Course Landaise Championships**
Mont-de-Marsan (40)
Get-together for amateurs and professionals alike.
Tel.: +33 (0)5 58 05 87 37

Events and festivals

To find out more about summer cultural events, exhibitions, theatre, music, dance and cinema:
• **guide / map “Aquitaine en Scène”**
Tel.: +33 (0)5 57 57 86 57
Internet: www.aquitaine-en-scene.org

Spas

Brochure “Votre santé prend forme en Aquitaine” available from the Aquitaine Regional Tourist Board.

Cycling

*Brochures with maps and circuits available from the Tourist Board of each département.
“A Vélo” brochure with a selection of circuits available from the Aquitaine Regional Tourist Board (cf. useful addresses).*

Golf

There are two Golf Passes – “Bordeaux Gironde” and “Biarritz” – enabling visitors to discover the courses of different areas on very advantageous terms.

Information:
• **Bordeaux Gironde Golf Pass:**
Gironde Tourist Board (Cf. useful addresses).

- **Biarritz Golf Pass :**
2, avenue Edith-Cavell – 64200 Biarritz
Tel.: +33 (0)5 59 03 71 80 – Fax: + 33 (0)5 59 03 26 74
Golf.biarritz@wanadoo.fr
www.touradour.com/golfpass.htm

“Golf” Brochure (French/English) available from the Aquitaine Regional Tourist Board (cf. useful addresses).

Vineyards of Bordeaux and Aquitaine

*The wine châteaux that are open to the public are mentioned in the specialised guides to each appellation available from the Syndicats Viticoles and Maisons du Vin listed below.
A large number of Tourist Offices organise vineyard visits.
The dates of these visits and excursions are available on request.*

DORDOGNE

- **Conseil Interprofessionnel des Vins de Bergerac (CIVRB)**
Maison du Vin
1, rue des Récollets
BP 426
24104 Bergerac Cedex
Tel.: +33 (0)5 53 63 57 57
Fax: +33 (0)5 53 63 01 30
contact@vin-bergerac.fr
www.vins-bergerac.fr
Guide: « La Route des Vins de Bergerac »
- **Monbazillac cave cooperative**
The winery makes wines of the Monbazillac and Bergerac appellation. Free tasting.
Route de Mont-de-Marsan – 24240 Monbazillac
Tel.: +33 (0)5 53 63 65 06 – Fax: +33 (0)5 53 63 65 09
monbazillac@chateau-monbazillac.com
www.chateau-monbazillac.com

GIRONDE

- **Conseil Interprofessionnel des Vins de Bordeaux - CIVB**
1, cours du XXX Juillet
33000 Bordeaux
Tel.: +33 (0)5 56 00 22 88
Fax: +33 (0)5 56 00 99 30
civb@vins-bordeaux
www.vins-bordeaux.fr
Guide in French, English and German referencing 600 châteaux. Map of the vineyards of the Gironde.

- **Gironde Tourist Board**
21, cours de l'Intendance
33000 Bordeaux
Tel.: +33 (0)5 56 52 61 40
Fax: +33 (0)5 56 81 09 99
tourisme@gironde.com
www.tourisme-gironde.cg33.fr
Guide: “Vignobles et Chais en bordelais”

- **Bordeaux Tourist Office**
12, cours du XXX juillet
33000 Bordeaux
Tel.: +33 (0)5 56 00 66 10
Fax: +33 (0)5 56 00 66 11
otb@bordeaux-tourisme.com
www.bordeaux-tourisme.com
Organised visits of the vineyards (from May to October).

- **Conseil des Vins du Médoc**
1, cours du XXX juillet
33000 Bordeaux
Tel.: +33 (0)5 56 48 18 62 – Fax: +33 (0)5 56 79 11 05
medoc@vins-medoc.com
www.medoc.org (F/D/GB)
Multilingual guide: “Médoc Tourist Guide”

- **Maison du Tourisme et du Vin de Pauillac**
La Verrerie – 33250 Pauillac
Tel.: +33 (0)5 56 59 03 08 – Fax: +33 (0)5 56 59 23 38
mtvp@wanadoo.fr
www.pauillac-medoc.com
Guide: « Pauillac, l'Escale au Pays des Grands Crus » (French, English, German)

- **Maison des Vins des Premières Côtes de Bordeaux & Cadillac**
104-106, rue Cazeaux-Cazalet – 33410 Cadillac
Tel.: +33 (0)5 57 98 19 20 – Fax: +33 (0)5 57 98 19 30
maisondesvins@closiere.com
www.premierescotesdebordeaux.com
Guide: “Balades en Premières Côtes de Bordeaux”

- **Maison des Vins de l'Entre-Deux-Mers**
4, rue de l'Abbaye – 33670 La Sauve
Tel : +33 (0)5 57 34 32 12 – Fax: +33 (0)5 57 34 32 38
Guide: “Entre-Deux-Mers Appellation” in French and in English.

- **Maison du Vin de Saint-Emilion**
1, place P. -Meyrat – 33330 Saint-Emilion
Tel.: +33 (0)5 57 55 50 55 – Fax: +33 (0)5 57 55 53 10
info@vins-saint-emilion.com
« Guide des vins du Saint-Emilion »

- **Saint-Emilion Tourist Office**
Place des Créneaux – 33330 Saint-Emilion
Tel.: +33 (0)5 57 55 28 28 – Fax: +33 (0)5 57 55 28 29
st-emilion-tourisme@wanadoo.fr
www.saint-emilion-tourisme.com
Guide: “Saint Emilion Guide” listing the wineries open to the public (French, English, German, Spanish, Italian, Japanese). Organisation of château visits.

- **Maison du Vin de Castillon**
6, allées de la République – 33350 Castillon-la-Bataille
Tel.: +33 (0)5 57 40 00 88 – Fax: +33 (0)5 57 40 06 31
contact@cotes-de-castillon.com
Guide: “Côtes de Castillon” practical guide in French, English, German.

- **Maison des Bordeaux et Bordeaux Supérieur**
RN 89 – 33750 Beychac-et-Caillau
Tel.: +33 (0)5 57 97 19 20 – Fax: +33 (0)5 56 72 81 02
planete@maisondesbordeaux.com
www.maisondesbordeaux.com
Guide: “La Cave des 1001 Châteaux” guide lists the wines on sale. Exhibition area “Planet Bordeaux”.

- **Maison du Vin des Côtes de Bourg**
Maison du Vin des Côtes de Bourg
1, place de l'Eperon – 33710 Bourg-sur-Gironde
Tel.: +33 (0)5 57 94 80 20 – Fax: +33 (0)5 57 94 80 21
info@cotes-de-bourg.com – www.cotes-de-bourg.com
Guide : “Côtes de Bourg, the Region and the Vineyards” in French, English, German.

- **Maison du Vin des Premières Côtes de Blaye**
11, cours Vauban – BP 122 – 33390 Blaye
Tel : +33 (0)5 57 42 91 19 – Fax: +33 (0)5 57 42 85 28
maison-des-vins@premieres-cotes-blaye.com
www.premieres-cotes-blaye.com

- **Ambassade de Sauternes et Barsac**
Maison du Sauternes
14, place de la Mairie – 33210 Sauternes
Tel.: +33 (0)5 56 76 69 83 – Fax: +33 (0)5 56 76 68 69
maisondesauternes@worldonline.fr
Guide: “Guide to Sauternes and Barsac”
Practical information in several languages.

- Sauternes Tourist Office**

11, rue Principale – 33210 Sauternes
Tel.: +33 (0)5 56 76 69 13 – Fax: +33 (0)5 57 31 00 67
sauternes@wanadoo.fr – www.sauternes.com

- Maison des Vins de Graves**

61, cours du Maréchal Foch – BP 51 – 33720 Podensac
Tel.: +33 (0)5 56 27 09 25 – Fax: +33 (0)5 56 27 17 36
contact@vins-graves.com – www.vins-graves.com
Guide: “Les Graves vous accueillent”

LANDES

- Tursan**

Les vignerons landais
Tursan-Chalosse
40320 Geaune
Tel.: +33 (0)5 58 44 51 25 – Fax: +33 (0)5 58 44 40 22
info@vlandais.com – www.vlandais.com

- Armagnac and Floc de Gascogne**

Armagnac Ecomuseum
Château Garreau – 40240 Labastide-d’Armagnac
Tel.: +33 (0)5 58 44 88 38 – Fax: +33 (0)5 58 44 87 07
Chateau.GARREAU@wanadoo.fr

LOT-ET-GARONNE

- Côtes de Duras**

Union Interprofessionnelle des Vins des Côtes de Duras
Maison du Vin – BP 13 – 47120 Duras
Tel : +33 (0)5 53 83 81 88 – Fax: +33 (0)5 53 20 82 85
cotes.de.duras@wanadoo.fr

- Buzet**

Les Vignerons de Buzet
BP 17 - 47160 Buzet-sur-Baise
Tel.: +33 (0)5 53 84 74 30 – Fax: +33 (0)5 53 84 74 24
buzet@vignerons-buzet.fr – www.vignerons-buzet.fr

- Côtes du Brulhois**

Cave de Goulens-en-Brulhois
Wines and Armagnac.
47390 Layrac
Tel.: +33 (0)5 53 87 01 65 – Fax: +33 (0)5 53 87 03 31
cave.goulens@brulhois.com – www.brulhois.com

- Côtes du Marmandais**

Syndicat AOC Côtes du Marmandais
Place du Marché – 47200 Marmandais
Tel.: +33 (0)5 53 20 74 46 – Fax: +33 (0)5 53 83 61 80
Cotes.du.Marmandais@wanadoo.fr

PYRENEES-ATLANTIQUES

- Bellocq**

Cave coopérative des Vignerons de Bellocq
64270 Bellocq
Tel.: +33 (0)5 59 65 10 71 – Fax: +33 (0)5 59 65 12 34

- Jurançon**

La Commanderie du Jurançon
64360 Lacommande
Tel.: +33 (0)5 59 82 70 30 – Fax: +33 (0)5 59 82 74 64
lacommanderie.jurancon@libertysurf.fr
Guide: « La route des vins du Jurançon »

- Cave des Producteurs de Jurançon**

53, avenue Henri IV – 64290 Gan
Tel.: +33 (0)5 59 21 57 03 – Fax: +33 (0)5 59 21 72 06
cave-gan@adour-bureau.fr – www.cave-jurancon.com

- Irouléguy**

Les Vignerons du Pays basque
64430 Saint-Etienne-de-Baigorry
Tel.: +33 (0)5 59 37 41 33 – Fax: +33 (0)5 59 37 47 76
irouleguy@hotmail.com
Visits possible.

- Madiran and Pacherenc du Vic Bilh**

Vic-Bilh Montanérés Tourist Office
38, place Marcadieu – 64350 Lembeye
Tel.: +33 (0)5 59 68 28 78 – Fax: +33 (0)5 59 68 26 03
Guide: « La Route des Vins du Madiran »

- La cave coopérative de Crouseilles**

Tel.: +33 (0)5 59 68 10 93 – Fax: +33 (0)5 59 68 14 33

Wine schools An introduction to tasting

Oenology courses for all levels organised by the Maisons du Vin, the Conseils Interprofessionnels des Vins of the different appellations, by some châteaux and even in some specialised schools. Information from the Tourist Boards of the départements of Aquitaine, as well as from the Tourist Offices of the great wine-making areas (cf. useful addresses).

DORDOGNE

- Maison des Vins de Bergerac**

2, place du Docteur Cayla
24104 Bergerac Cedex
Tel.: +33 (0)5 53 63 57 57 – Fax: +33 (0)5 53 63 01 30
Introduction to wine tasting (F, GB) in season only.

GIRONDE

- Ecole du Bordeaux**

7, rue du Château Trompette
33000 Bordeaux
Tel.: +33 (0)5 56 90 91 92 – Fax: +33 (0)5 56 79 35 47
www.ecoledubordeaux.com

- L'Ecole du Vin de Bordeaux**

Maison du Vin de Bordeaux
3, cours du XXX Juillet
33075 Bordeaux
Tel.: +33 (0)5 56 00 22 88 – +33 (0)5 56 00 22 77
www.ecole.vins-bordeaux.fr

- Ecole de cuisine du Chapon Fin**

5, rue Montesquieu
33000 Bordeaux
Tel.: +33 (0)5 56 79 10 10 – Fax: +33 (0)5 56 79 09 10
www.chapon-fin.com

- Wine Tasting School**

Maison du Vin de Saint-Emilion
Place Pierre-Meyrat
33330 Saint Emilion
Tel.: +33 (0)5 57 55 50 55 – Fax: +33 (0)5 57 24 65 57
Introduction to tasting in season (F / GB).

- Tasting Academy**

Hotel-château Grand Barrail
Rte de Libourne – 33330 St-Emilion
Tel.: +33 (0)5 57 55 37 00 – Fax: +33 (0)5 57 55 37 49
welcome@grand-barrail.com
Occasional tasting sessions, day trips around the châteaux, practical activities in the winery.

- L'Atelier du Vin**

5, place du Marché au bois – 33330 St-Emilion
Tel.: +33 (0)5 57 24 61 10 – Fax: +33 (0)5 57 24 73 99
comptoirdesvignobles@wanadoo.fr
Introduction to tasting to discover the secrets of the wines of St-Emilion.

- Jean-Marc Quarin Sarl**

10, allée de Ginouilhac – BP 40 – 33320 Le Taillan-Médoc
Tel.: +33 (0)5 56 35 83 93 – Fax: +33 (0)5 56 35 86 50
www.quarin.com

LANDES

- Armagnac Ecomuseum**

Château Garreau – 40240 Labastide d’Armagnac
Tel.: +33 (0)5 58 44 88 38 – Fax: +33 (0)5 58 44 87 07
E.mail: château.GARREAU@wanadoo.fr
Training centre: courses about Armagnac.

Wine museums

- Musée du vin de la Batellerie et de la Tonnellerie**

5, rue des Conférences
24100 Bergerac
Tel.: +33 (0)5 53 57 80 92

GIRONDE

- Chartrons Museum**

The history of wine, estates, traders and the port of the Chartrons in the 17th and 19th centuries. Retraces the life of an 18th century wine trader (F/GB).
41, rue Borie
33 000 Bordeaux
Tel.: +33 (0)5 57 87 50 60
Fax: +33 (0)5 57 87 50 67
www.musee-des-chartrons.com

- Bordeaux Vinorama**

Wine Museum
A magnificent historical reconstitution of Bordeaux and its wines from Roman times through to the 19th century. 75 wax figures tell the history of Bordeaux wine (F/GB/D/E).
12, cours du Médoc
33 000 Bordeaux
Tel.: +33 (0)5 56 39 39 20 or +33 (0)5 56 39 53 02
Fax: +33 (0)5 56 39 19 51

- Vine and Wine Ecomuseum**

500 tools used by vine-growers, coopers and cellar masters.
238, cours du Général de Gaulle
33 170 Gradignan
Tel.: +33 (0)5 56 89 00 79 – Fax: +33 (0)5 56 89 00 79
www.ville-gradignan.fr

In the Médoc

- Château Lynch-Bages**

19th century wooden vats. Discover the history of wine-growing in Bordeaux and the virtues of the blending process.
Prior appointment (F/GB).
33250 Pauillac
Tel.: +33 (0)5 56 73 24 00 – Fax: +33 (0)5 56 59 26 42
www.infochatolynchbages.com

- Château Pichon-Longueville – Comtesse-de-Lalande**

33250 Pauillac
A beautiful collection of glasses and objets d’art related to wine. (F/GB) with prior appointment.
Tel. +33 (0)5 56 59 19 40 – Fax +33 (0)5 56 59 26 56
www.pichon-lalande.com

- Museum of the Arts and Professions of the Vine and Wine**

« Château Maucaillou »
33480 Moulis en Médoc
Audio-visual presentation of the birth of a vintage.
Art exhibition in the Salle des Notables (F/GB/D).
Tel.: +33 (0)5 56 58 01 23 – Fax: +33 (0)5 56 58 00 88
www.château-maucaillou.com

- Private Museum of Wine in Art**

« Château Mouton Rothschild »
33250 Pauillac
Visits on appointment (F/GB/D).
Tel.: +33 (0)5 56 73 21 29 – Fax: +33 (0)5 56 73 21 28

- Cooperage Museum**

« Château des Tuileries » (F/GB).
33340 St-Yzans du Médoc
Tel.: +33 (0)5 56 09 05 31 – Fax: +33 (0)5 56 09 02 43
www.chatealestuileries.com

- The Museum of Vine and Wine Tools**

« Château Loudenne »
33340 St-Yzans du Médoc
Pink 17th-century charterhouse, landscaped gardens and a vine and wine museum (F/GB/D/E).
Tel.: +33 (0)5 56 73 17 80 – Fax: +33 (0)5 56 09 02 87
E.mail château-loudenne@wanadoo.fr

Southern Gironde

- Vine and Wine Museum**

Old wine-making equipment and tools from the 19th century to date..
« Caves Fleury » (F/GB/E).
Route Nationale 113
33720 Cérons
Tel.: +33 (0)5 56 27 11 11 – Fax: +33 (0)5 56 27 04 04
www.cavesfleury.com

- Maison Lillet**

Museum about Lillet, the Bordeaux aperitif (F).
Route Nationale 113
33720 Podensac
Tel.: +33 (0)5 56 27 41 41 – Fax: +33 (0)5 56 27 41 44
www.lillet.com

In the Entre-deux-Mers

- Haut Benauge Mill-Museum**

The mill, traditionally linked with wheat farming, today houses the Gornac Mill-Museum with its rich collection of small vine-growing and crafts tools bearing testimony to the rural professions of the past.
On appointment (F).
33540 Gornac
Tel.: +33 (0)5 56 61 96 15 – Fax: +33 (0)5 56 61 96 80

Grand Libournais

- Planet Bordeaux**

« Maison des Bordeaux et Bordeaux Supérieur » (F, GB, D).
33750 Beychac et Caillau
Tel.: +33 (0)5 57 97 19 20 – Fax: +33 (0)5 56 72 81 02
www.maisondesbordeaux.com

- Libournais Ecomuseum**

Wine-growing museum: to understand the civilisation of the vine and wine.
Museum of Time evoking the history of the area
BP 6 – 33570 Montagne
Tel.: +33 (0)5 57 74 56 89 – Fax: +33 (0)5 57 55 21 01
E.mail: ecomusee.libournais@educagri.fr

- Château Branda**

The Soul of Wine” (F/GB/E). A centre of wine arts
Exhibition, events, introductory circuit.
D 670 – 33240 Cadillac en Fronsadais
Tel.: +33 (0)5 57 94 09 37 – Fax: +33 (0)5 57 94 09 30
www.château-branda.com

Haute-Gironde

- Plassac Wine-Making Conservatory**

In this authentic, century-old winery – vinification, cooperage and trading of the wines of Blaye in times gone by. On appointment (F).
33390 Plassac
Tel.: +33 (0)5 57 42 82 49 et +33 (0)5 57 42 16 63
Fax: +33 (0)5 57 42 08 07

- Civrac de Blaye Musexpo**

Old vine and wine-growing tools. Temporary exhibitions.
Open Saturdays and Sundays. On appointment (F).
33390 Blaye
Tel.: +33 (0)5 57 68 60 07 – Fax: +33 (0)5 57 68 16 42

LANDES

Tursan

- Chalosse Museum**

Domaine de Carcher
40380 Montfort en Chalosse
Tel. +33 (0)5 58 98 69 27 – Fax +33 (0)5 58 98 50 58
E-mail : musee.chalosse@libertysurf.fr

Bas-Armagnac

- Armagnac Ecomuseum**

Château Garreau
40240 Labastide d’Armagnac
Museum of the Wine-Grower, Distillation Still Museum (F).
Tel.: +33 (0)5 58 44 88 38 – Fax: +33 (0)5 58 44 87 07
www.labastide-d-armagnac.com/garreauadressarmag.com

Ténarèze

- The Cork Museum**

Rue du Puits-Saint-Côme
47170 Mézin
Come and discover the saga of a family of cork-makers in the company of Jules and his grandfather. Through sound and visuals, discover the forest of cork-oak and the workshops of the Albret region (F).
Tel.: +33 (0)5 53 65 68 16 – Fax: +33 (0)5 53 65 33 03

LOT-ET-GARONNE

Duras

- Living Conservatory of the Plants of the Region.**

Domaine de Durand – 47120 Saint-Jean de Duras
Another approach to the living world in the heart of the Côtes de Duras vineyards on an estate that is farmed organically.
Tel.: +33 (0)5 53 89 02 23 – Fax: +33 (0)5 53 89 03 72

Practical information

On the roads to Compostella

For all information:

- **Association de Coopération Interrégionale “Les Chemins de Saint-Jacques de Compostelle”**
4, rue Clémence Isaure – 31000 Toulouse
Tel. / Fax: +33 (0)5 62 27 12 40
chemins.de.compostelle@wanadoo.fr
www.chemins-compostelle.com
Tourist Boards of the départements and Tourist Offices (cf. useful addresses).

“Chemins de Saint-Jacques de Compostelle, balades en Aquitaine et Midi-Pyrénées” brochure published jointly by the Regional Tourist Boards of Aquitaine and Midi-Pyrénées (in French and German).

Writers’ home open to the public

Leaflet about sites of literary interest and homes of authors in Aquitaine available from the:

- **Centre François Mauriac**
Domaine de Malagar
33490 Saint-Maixant
Tel.: +33 (0)5 57 98 17 17

Restaurants and gourmet food

Information and guides available from Tourist Offices (cf. useful addresses).

Hotels and residences

A specific guide is available free of charge on request from the Regional Tourist Board (cf. useful addresses).

Campsites

You will find a choice of almost 1,000 classified campsites and aires naturelles, on the coast an inland, in a free guide published and distributed by the Regional Tourist Board. (cf. Useful Addresses).
You can also contact the association Camping Qualité Aquitaine:
Tel.: +33 (0)5 59 05 32 37
Fax: +33 (0)5 59 05 47 14
campingdesgaves@wanadoo.fr

Gîtes and chambre d’hôte rentals

GÎTES DE FRANCE

The Gîtes de France label guarantees that you will find good-quality gîtes and chambres d’hôtes. The gîtes ruraux offer accommodation in all seasons and are fitted out in buildings in the regional architectural styles. There is a regional map published by Gîtes de France showing a selection of gîtes ruraux and chambres d’hôtes of character, as well as a brochure presenting all the gîtes in Aquitaine, the ideal accommodation for holidays with family or friends. (Documents available on request from the Gîtes de France offices in the départements, and from the Aquitaine Regional Tourist Board).
www.gites-de-france.fr

THEME GITES

Some are specific to their location or surroundings and correspond to particular themes:
• *Bacchus Gîtes are located on vineyards or in winegrowing areas and offer an opportunity to discover vine-growing and winemaking in the company of the owners.*

- *Fishing Gîtes offer the possibility to go fishing nearby and place the necessary equipment at your disposal.*
- *Panda Gîtes are guaranteed by the WWF, the world’s largest association for the protection of wildlife, and are located in protected natural surroundings.*
In each département in the region, booking centres are at your disposal.

DORDOGNE

- 25, rue du Président Wilson
24009 Périgueux Cedex
Tel.: +33 (0)5 53 35 50 24/31
Fax: +33 (0)5 53 09 51 41
dordogne.perigord.tourisme@wanadoo.fr

GIRONDE

- 21, cours de l’Intendance
33000 Bordeaux
Tel.: +33 (0)5 56 81 54 23
Fax: +33 (0)5 56 51 67 13
gites33@wanadoo.fr

LANDES

- Cité Galiane - BP 279
40005 Mont-de-Marsan Cedex
Tel.: +33 (0)5 58 85 44 44
Fax: +33 (0)5 58 85 44 45
gites-de-france@landes.chambagri.fr

LOT-ET-GARONNE

- 11, rue des Droits de l’Homme – 47000 Agen
Tel.: +33 (0)5 53 47 80 87
Fax: +33 (0)5 53 66 88 29
gites-de-france.47@wanadoo.fr

PYRENEES-ATLANTIQUES

- Relais des Gîtes Pyrénées-Atlantiques
20, rue Gassion – BP 835 – 64010 Pau Cedex
Tel.: +33 (0)5 59 11 20 64
Fax: +33 (0)5 59 11 20 60
resa@gites64.com

- Gîtes de France Boutique
12, rue Pasteur – 64100 Bayonne
Tel.: +33 (0)5 59 46 37 00
Fax: +33 (0)5 59 46 37 08
gdfbayonne@yahoo.fr

CLEVACANCES

The Clévacances label guarantees a personalised welcome from the owners and high-quality accommodation either in the owner’s house or in a nearby building, whilst leaving you total freedom to organise your stay for one or several days, a week or even longer...
www.clevacances.com

DORDOGNE

- 25, rue du Président Wilson – BP 2063
24002 Périgueux Cedex
Tel.: +33 (0)5 53 35 50 31
Fax: +33 (0)5 53 09 51 41
24@clevacances.com
www.perigord.tm.fr
www.resinfrance.com/perigord

GIRONDE

- 21, cours de l’Intendance
33000 Bordeaux
Tel.: +33 (0)5 56 52 61 40
Fax: +33 (0)5 56 81 09 99
33@clevacances.com

LANDES

- 4, avenue Aristide Briand – BP 407
40012 Mont-de-Marsan Cedex
Tel.: +33 (0)5 58 06 89 89
Fax: +33 (0)5 58 06 90 90
40@clevacances.com

LOT-ET-GARONNE

- 4, rue André-Chénier – BP 158
47005 Agen Cedex
Tel.: +33 (0)5 53 66 14 14
Fax: +33 (0)5 53 47 36 54
47@clevacances.com

PYRENEES-ATLANTIQUES

- 22 ter, rue Jean-Jacques-de-Monaix
64000 Pau
Tel.: +33 (0)5 59 30 01 30
Fax: +33 (0)5 59 02 52 75
64@clevacances.com
4, Allée des Platanes – BP 811
64108 Bayonne
Tel.: +33 (0)5 59 46 52 52
Fax: +33 (0)5 59 46 52 46
64@clevacances.com

Holiday villages

On top of the accommodation, holiday villages also offer a wide range of sports and leisure activities to ensure your holiday is a pleasant one.

Information:

- **U.N.A.T. Aquitaine**
Maison du Tourisme
21, cours de l’Intendance
33000 Bordeaux
Tel.: +33 (0)5 56 51 05 62
Fax: +33 (0)5 56 81 09 99
www.unat.asso.fr

- **V.V.F.**
www.vvf-vacances.fr

- **Loisirs de France**
The “Loisirs de France” label draws up a yearly classification of holiday villages that adhere to a quality charter guaranteeing the quality of their accommodation, services, entertainment and location.
For a list of “Loisirs de France” classified holiday villages in Aquitaine:
Loisirs de France
8, rue César-Franck
75015 Paris
Tel. +33 (0) 1 47 83 21 73
Fax +33 (0) 1 45 66 69 90
infos@loisirsdefrance.com
www.loisirsdefrance.com

Youth hostels

- List available from the Regional Tourist Board (cf. Useful Addresses).
Information:
• **FUIAJ**
Tel.: +33 (0) 1 44 89 87 27
Fax: +33 (0) 1 44 89 87 10
www.fuaj.org

On the farm

Farmhouse inns, horse-riding farms, accommodation or camping on farms, tables d’hôtes...

Information and brochure:
“Bienvenue à la ferme”.

- **Chambre Régionale d’Agriculture**
Cité Mondiale
6, parvis des Chartrons
33075 Bordeaux Cedex
Tel.: +33 (0)5 56 01 33 33
Fax: +33 (0)5 57 85 40 40
promotion@aquitaine.chambagri.fr
www.bienvenue-a-la-ferme.com/aquitaine

Useful addresses

Maison de l’Aquitaine

- **Maison de l’Aquitaine**
A veritable embassy and showcase for tourism in the region.
21, rue des Pyramides
75008 PARIS
+33 (0)1 55 35 31 42
Fax: +33 (0)1 40 20 07 18
contact@maisonaquitaine.com
www.maison.aquitaine.fr

Aquitaine Regional Tourist Board

- **CRTA - Tourisme d’Aquitaine**
Cité Mondiale - 23, parvis des Chartrons
33074 Bordeaux Cedex
Tel.: +33 (0)5 56 01 70 00
Fax: +33 (0)5 56 01 70 07
tourisme@crt.cr-aquitaine.fr
www.tourism-aquitaine.info

Tourist Boards of the Départements:

- **Comité Départemental du Tourisme de la Dordogne**
25, rue du Président Wilson
24009 Périgueux
Tel.: +33 (0)5 53 35 50 24
Fax: +33 (0)5 53 09 51 41
dordogne.perigord.tourisme@wanadoo.fr
www.perigord.tm.fr

- **Comité Départemental du Tourisme de la Gironde**
21, cours de l’Intendance
33000 Bordeaux
Tel.: +33 (0)5 56 52 61 40
Fax: +33 (0)5 56 81 09 99
tourisme@gironde.com
www.tourisme-gironde.cg33.com

- **Comité Départemental du Tourisme des Landes**
4, avenue Aristide-Briand – BP 407
40012 Mont-de-Marsan Cedex
Tel.: +33 (0)5 58 06 89 89
Fax: +33 (0)5 58 06 90 90
cdt.landes@wanadoo.fr
www.tourismelandes.com

- **Comité Départemental du Tourisme du Lot-et-Garonne**
4, rue André-Chénier – BP 158
47005 Agen Cedex
Tel.: +33 (0)5 53 66 14 14
Fax: +33 (0)5 53 68 25 42
contact@lot-et-garonne.com
www.lot-et-garonne.com

- **Comité Départemental du Tourisme du Béarn - Pays basque**
4, allées des Platanes – BP 811
64108 Bayonne Cedex
Tel.: +33 (0)5 59 46 52 52
Fax: +33 (0)5 59 46 52 46
cdt@cg64.fr
www.tourisme64.com

Tourist Offices

DORDOGNE

- **BERGERAC Tourist Office**
Tel.: +33 (0)5 53 57 03 11
Fax: +33 (0)5 53 61 11 04
tourisme-bergerac@aquinet.tm.fr
www.bergerac-tourisme.com
GB/D/E/ND

- **PAYS du BUGUE Tourist Office**
Tel.: +33 (0)5 53 07 20 48
Fax: +33 (0)5 53 54 92 30
bugue@perigord.com
www.perigord.com/bugue
GB/E

- **Les EYZIES-DE-TAYAC-SIREUIL Tourist Office**
Tel.: +33 (0)5 53 06 97 05
Fax: +33 (0)5 53 06 90 79
ot.leseyzies@perigord.tm.fr
www.leseyzies.com
GB

- **PERIGUEUX Tourist Office**
Tel.: +33 (0)5 53 53 10 63
Fax: +33 (0)5 53 09 02 50
tourisme.perigueux@perigord.tm.fr
www.ville-perigueux.fr
GB / E / D / I

- **RIBERAC Tourist Office**
Tel.: +33 (0)5 53 90 03 10
Fax: +33 (0)5 53 91 35 13
ot.riberac@perigord.tm.fr
GB

- **SAINT-ASTIER Tourist Office**
Tel.: +33 (0)5 53 54 13 85
Fax: +33 (0)5 53 08 77 85
GB / E

- **SARLAT Tourist Office**
Tel.: +33 (0)5 53 31 45 45
Fax: +33 (0)5 53 59 19 44
info@ot-sarlat-perigord.fr
www.ot-sarlat-perigord.fr
GB / E / D / I

GIRONDE

- **ANDERNOS-LES-BAINS Tourist Office**
Tel.: +33 (0)5 56 82 02 95
Fax: +33 (0)5 56 82 14 29
ot.andernos@free.fr
http://andernosbains.fr
GB / D

- **ARCACHON Tourist Office**
Tel.: +33 (0)5 57 52 97 97
Fax: +33 (0)5 57 52 97 77
tourisme@arcachon.com
www.arcachon.com
GB / D / E

- **ARES Tourist Office**
Tel.: +33 (0)5 56 60 18 07
Fax: +33 (0)5 56 60 39 41
office-tourisme-areswanadoo.fr
www.liitoral33.com/Ares.htm
GB / D

- **Canton de BLAYE Tourist Office**
Tel.: +33 (0)5 57 42 12 09
Fax: +33 (0)5 57 42 91 94
officedetourisme.blaye@wanadoo.fr
www.blaye.net
GB

- **BORDEAUX Tourist Office**
Tel.: +33 (0)5 56 00 66 00
Fax: +33 (0)5 56 00 66 01
otb@bordeaux-tourisme.com
www.bordeaux-tourisme.com
GB / D / E

- **BOURG-SUR-GIRONDE Tourist Office**
Tel.: +33 (0)5 57 68 31 76
Fax: +33 (0)5 57 68 30 25
tourisme@wanadoo.fr
GB

- **CADILLAC Tourist Office**
Tel.: +33 (0)5 56 62 12 92
Fax: +33 (0)5 56 76 99 72
cadillac@entredeuxmers.com
www.entredeuxmers.com
GB

- **CARCANS-MAUBUISSON Tourist Office**
Tel.: +33 (0)5 56 03 34 94
Fax: +33 (0)5 56 03 43 76
tourisme@carcans-maubuisson.com
www.carcans-maubuisson.com
GB/D

- **CAZAUX Tourist Office**
Tel./Fax: +33 (0)5 56 22 91 75
GB

- **Pays de CASTILLON-LA-BATAILLE and Pujols Tourist Office**
Tel.: +33 (0)5 57 40 27 58
Fax: +33 (0)5 57 40 49 76
GB

- **ENTRE-DEUX-MERS Tourist Office**
Tel.: +33 (0)5 56 61 82 73
Fax: +33 (0)5 56 61 89 13
info@entredeuxmers.com
www.entredeuxmers.com
GB / D / E

- **GUJAN MESTRAS Tourist Office**
Tel.: +33 (0)5 56 66 12 65
Fax: +33 (0)5 56 22 01 41
otgujan@wanadoo.fr
www.ville-gujanmestras.fr
GB / D

- **HOURTIN Tourist Office**
Tel.: +33 (0)5 56 09 19 00
Fax: +33 (0)5 56 09 22 33
hourtin.medoc.@wanadoo.fr
www.hourtin-medoc.com
GB / D

- **LACANAU OCEAN Tourist Office**
Tel.: +33 (0)5 56 03 21 01
Fax: +33 (0)5 56 03 11 89
lacanau@lacanau.com
www.lacanau.com
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- **LANGON Tourist Office**
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Fax: +33 (0)5 56 63 68 09
office-du-tourisme-langon@wanadoo.fr
www.tourisme.langon.net
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- **LANTON Tourist Office**
Tel.: +33 (0)5 57 70 26 55
Fax: +33 (0)5 57 70 27 58
tourisme-lanton@wanadoo.fr
www.bassin-arcachon.com

- **LEGE-CAP-FERRET Tourist Office**
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Fax: +33 (0)5 57 70 31 70
info@lege-capferret.com
www.lege-capferret.com
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- **LIBOURNE Tourist Office**
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Fax: +33 (0)5 57 25 00 58
officedetourismelibourne@wanadoo.fr
www.libourne-tourisme.com
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- **LUSSAC Tourist Office**
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tourisme.lussac@free.fr
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- **MONSEGUR Tourist Office**
Tel.: +33 (0)5 56 61 89 40
Fax: +33 (0)5 56 61 89 13
monsegur@entredeuxmers.com
www.entredeuxmers.com
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Fax: +33 (0)5 56 59 23 38
mtvp@wanadoo.fr
www.pauillac-medoc.com
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Fax: +33 (0)5 56 26 59 48
leporge@wanadoo.fr
www.leporge.fr
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- **PYLA-SUR-MER Syndicat d’initiative**
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Fax: +33 (0)5 56 22 58 84
pyla002@global.net
www.pyla-sur-mer.com
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office.de.tourisme.du.cubzagais@wanadoo.fr

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• **SAINT-EMILION Tourist Office**
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st-emilion.tourisme@wanadoo.fr
www.saint-emilion-tourisme.com
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ot.sainte-foy-la-grande@wanadoo.fr
www.paysfoyen.com
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• **Pays de SAUVETERRE Tourist Office**
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33540 Sauveterre-de-Guyenne
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Fax: +33 (0)5 56 71 62 24
sauveterre@entredouxmers.com
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tourismesoulac@wanadoo.fr www.soulac.com
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ot.la.teste.de.buch@wanadoo.fr
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Fax: +33 (0)5 56 09 36 11
infos@ot-vendays-montalivet.fr
www.ot-vendays-montalivet.fr
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• **LE VERDON-SUR-MER Tourist Office**
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33123 Le Verdon-sur-Mer
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tourismeleverdon-sur-mer@wanadoo.fr
www.littoral33.com
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tourisme@labastide-d-armagnac.com
www.labastide-d-armagnac.com
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Fax: +33 (0)5 58 78 23 65
biscarrosse@biscarrosse.com
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• **CAPBRETON Tourist Office**
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otsi.capbreton@wanadoo.fr
ou tourisme.capbreton@wanadoo.fr
www.landes-cote-sud.com
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tourisme.dax@wanadoo.fr
www.ville-de-dax.fr
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www.ville-eugenie-les-bains.fr
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hossegor.tourisme@wanadoo.fr
www.ville-soorts-hossegor.fr
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ot.leon@wanadoo.fr
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contact@mimizan-tourism.com
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tourisme@moliets.com
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tourisme@mont-de-marsan.org
www.mont-de-marsan.org
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• **SAINT-JULIEN-EN-BORN Tourist Office**
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infos@contis-plage.net
www.contis-plage.net

• **SAINT-JUSTIN Tourist Office**
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saintjustin@aol.com
www.labastide-d-armagnac.com/StJustin.htm

• **SAINT-SEVER Tourist Office**
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ot.saint-sever@wanadoo.fr
www.saint-sever.fr
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www.sanguinet.com
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tourisme.soustons@wanadoo.fr
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• **VIELLE-SAINT-GIRONS Tourist Office**
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vielle.st.girons@wanadoo.fr
tourisme-vielle-st-girons.com

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officedetourisme.vieux-boucau@wanadoo.fr
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tourisme.aiguillon@wanadoo.fr
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• **AGEN Tourist Office**
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otsi.agen@wanadoo.fr
www.ot-agen.org
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OT.astaffort@astaffort.com
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• **CASTILLONNES Tourist Office**
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tourisme.villeneuve-sur-lot@wanadoo.fr
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Fax: +33 (0)5 53 36 63 58
ot.villereaux@wanadoo.fr
www.aavie.com/villereaux
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Biarritz.Tourisme@biarritz.tm.fr
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bidarttourisme@wanadoo.fr
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cambo.les.bains.tourisme@wanadoo.fr
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ciboure.tourisme@etxe.fr
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hasparren.tourisme@wanadoo.fr
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